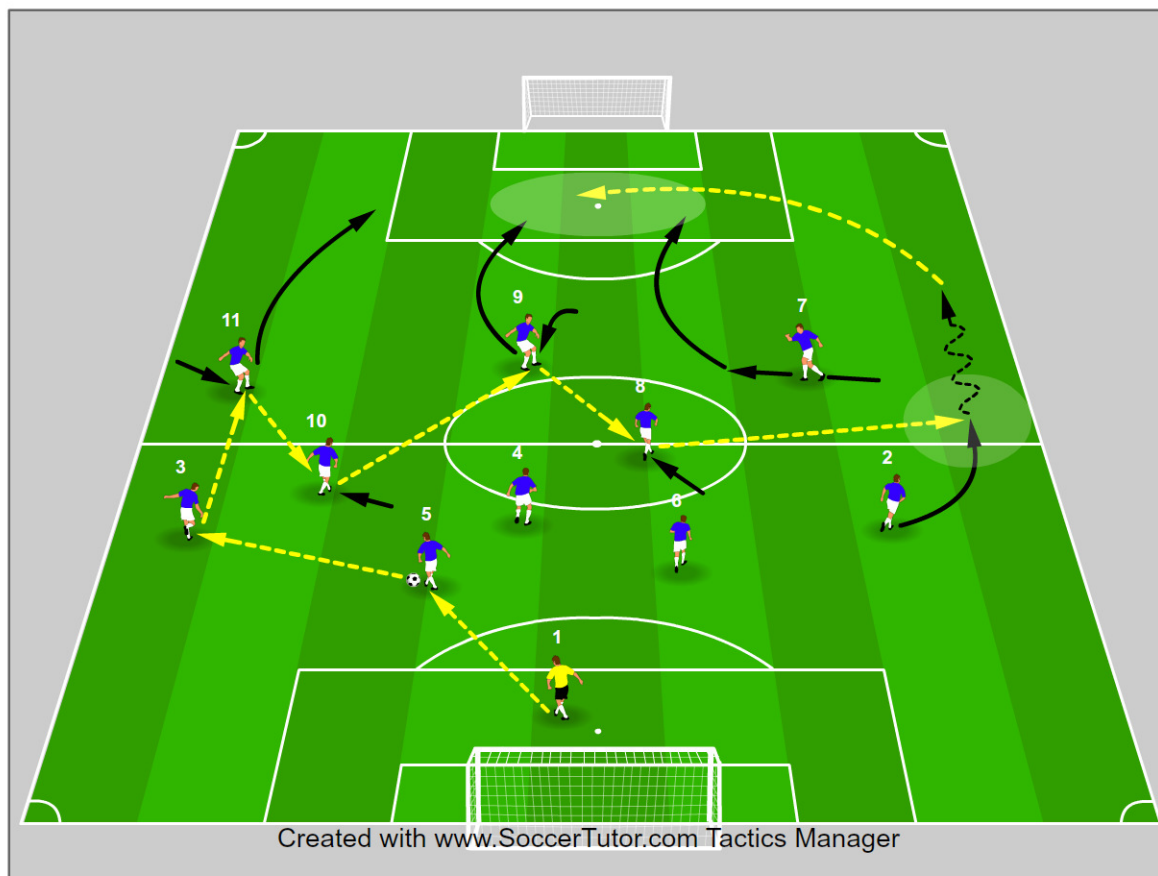


Build Up Play from the Back in the 4-3-3 Formation



Date:	21/Nov/2011	Measurement:	Full Pitch
Time:	N/A:N/A	Players:	12
Duration:	15	Level/Age Group:	U15 - 18+

Description: This build up play from the back within the 4-3-3 formation is just one example taken from the book - "Attacking - A Tactical Analysis" by Massimo Lucchesi.

There are also many other examples of build-up play and with different formations such as 4-4-2 etc...

Objective: To develop build-up from the back in the 4-3-3.

Coaching Points:

1. Body shape and correct positioning is important
2. Using back foot to receive the ball
3. Movement to create and exploit space

Progression:

1. Introduce 4 defenders and then progress to 11 v 6 + GK.

This Practice was taken from Attacking Soccer – A Tactical Analysis Book

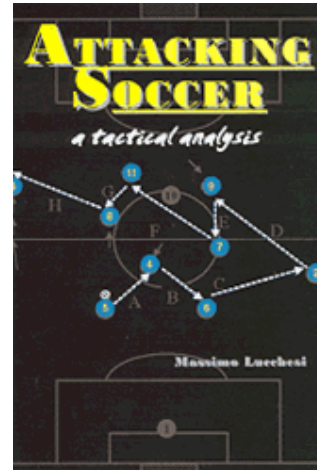
by Massimo Lucchesi

This book examines match strategies for creating goal scoring opportunities out of the following systems of play:

- 4-4-2
- 4-3-3
- 3-5-2
- 4-3-1-2
- 4-5-1

For each system, the author discusses the strategy, tactics, system and schemes of play as well as the technical, tactical and physical characteristics of the players who use the system. Several situational attacking schemes are also presented using clear diagrams and detailed descriptions.

Excellent!



Purchase the Book

UK, Europe & Rest of the World Shop:

<http://shop.soccertutor.com/Attacking-Soccer-A-Tactical-Analysis-p/b171.htm>

US and Canadian Shop:

<http://shopusa.soccertutor.com/Attacking-Soccer-A-Tactical-Analysis-p/b171.htm>

Diagrams were created using www.SoccerTutor.com Tactics Manager Software

<http://www.soccertutor.com/tacticsmanager>