

## **CONTENTS**

Meet The Author	3
Introduction	9
Arsène Wenger's Tactics	10
Jürgen Klopp's Tactics	11
Diego Simeone's Tactics	12
Massimiliano Allegri's Tactics	13
Antonio Conte's Tactics.	14
Jose Mourinho's Tactics	15
Coaching Format	16
Key	16
ATTACKING AGAINST ORGANISED DEFENCES	17
Attacking Against Middle or Deep Defensive Blocks	18
The Final Pass	19
The Importance of the Direction and Angle of Passes.	20
Range and Distance of Passes Against a Middle Defensive Block	22
Range and Distance of Passes Against a Deep Defensive Block	23
BUILD-UP PLAY TO RECEIVE IN SPACE AND PLAY FORWARD PASSES	24
Build-Up Play to Receive in Space and Play Forward Passes	25
RECEIVING BETWEEN THE LINES AND ATTACKING IN A 4 v 4 SITUATION	29
Receiving Between the Lines and Attacking in a 4 v 4 Situation	30
Receiving in Space Between the Opposition's Midfield and Defensive Lines	30
Receiving in Behind the Opposition's Defensive Line	31
Exploiting a Numerical Equality to Create Goal Scoring Opportunities (4-4-2 vs 4-4-2)	32
Exploiting 1 v 1 Situations on the Flank	



Exploiting a 2 v 2 Situation in the Centre (Forwards vs Centre Backs)	34
Exploiting the Overall 4 v 4 Situation in Attack	35
Exploiting a Numerical Equality to Create Goal Scoring Opportunities (4-2-3-1 vs 4-4-2)	36
Exploiting a Numerical Equality to Create Goal Scoring Opportunities (4-3-3 vs 4-4-2)	37
CHAPTER 1: INTELLIGENT POSITIONING TO RECEIVE BETWEEN THE LINES (ARSÈNE WENGER TACTICS)	38
Intelligent Positioning to Receive Between the Lines (Arsène Wenger's 4-2-3-1)	39
Receiving the Ball within Available Space in the Centre Against Two Forwards	40
Receiving the Ball within Available Space in the Centre Against One Forward	46
SESSION 1: RECEIVING BETWEEN THE LINES	47
SESSION FOR THIS TACTICAL SITUATION (3 Practices)	
1. Passing Combinations to Receive in Between the Lines in a Position Specific Practice	48
2. Build-Up to Receive Between the Lines and Attack in a Functional Practice (4-2-3-1)	50
Variation (4-3-3).	51
Variation (4-4-2)	52
3. Build-Up to Receive Between the Lines and Attack in a Zonal Game	53
CHAPTER 2: EXPLOITING 3 v 2 IN MIDFIELD TO RECEIVE BETWEEN THE LINES (JÜRGEN KLOPP TACTICS)	54
Exploiting 3 v 2 in Midfield to Receive Between the Lines	55
a) Winger Drops Back into Central Midfield to Create a 3 v 2 and Receive	56
b) No.10 Drops Back to Act as a 'Link Player' & Move the Ball to the Free Player in the Final Third	58
c) The Opposition Winger is Central, so the Full Back Receives Wide & Moves into the Centre	60
d) No.10 Drops Back into Central Midfield to Create a 3 v 2 and Receive	63
e) Full Back Converges Towards the Centre and Creates a 3 v 2 Situation (Guardiola's 4-3-3)	64
SESSION 2: EXPLOITING 3 v 2 IN MIDFIELD TO RECEIVE BETWEEN THE LINES	66
SESSION FOR THIS TACTICAL SITUATION (5 Practices)	
1. Midfield Combination Play with Well-Timed Runs to Receive in Between the Lines	67
2 Exploiting 3 v 2 in Midfield to Pass Forward and Receive Between the Lines (4-2-3-1)	68





Variation (4-3-3)
3. Exploiting 3 v 2 in Midfield to Pass Forward & Receive Between the Lines in a Functional Practice (4-2-3-1)70
Variation (4-3-3)
4. Reading the Tactical Situation to Play the Ball Forward in a Functional Practice (4-3-3)
5. Exploiting 3 v 2 in Midfield to Receive Between the Lines in an 11 v 11 Game (4-2-3-1)
CHAPTER 3: RECEIVING IN BEHIND ON THE BLIND SIDE OF DEFENDERS (DIEGO SIMEONE TACTICS)
Receiving in Behind on the Blind Side of Defenders (Diego Simeone Tactics)
Positioning of Atlético Madrid Players During the Attacking Phase (4-4-2)
Potential Overloads Created by the Wingers Moving Inside
Central Midfielder Receives from Wide & Forward on Weak Side Makes Blind Side Run in Behind
Variation: The Opposing Full Back Stays Deep so the Winger Receives Between the Lines
Central Midfielder Receives in Centre and Both Forwards Make Blind Side Runs in Behind
SESSION 3: RECEIVING IN BEHIND ON THE BLIND SIDE OF DEFENDERS
SESSION FOR THIS TACTICAL SITUATION (5 Practices)
1. Blind Side Runs to Receive in Behind in a Position Specific Practice
$2. Reading the Tactical Situation to Pass in Between the Lines or in Behind for a Blind Side Run (1) - (4-4-2) \dots 85$
Variation (4-2-3-1)
3. Reading the Tactical Situation to Pass in Between the Lines or in Behind for a Blind Side Run (2) $\dots 87$
$4.  Reading  the  Tactical  Situation  to  Pass  in  Between  the  Lines  or  in  Behind  in  a  Restricted  Game  \dots \dots 88$
5. Reading the Tactical Situation to Pass in Between the Lines or in Behind in an 11 v 11 Game89
CHAPTER 4: CREATING AND EXPLOITING SPACE IN THE FINAL THIRD (MASSIMILIANO ALLEGRI TACTICS)
Dropping Back to Get Free of Marking or Creating and Exploiting Space in Behind91
Forward Dropping Back to Receive or Create Space in Behind
Winger Dropping Back to Receive or Create Space Out Wide
SESSION 4: CREATING AND EXPLOITING SPACE IN THE FINAL THIRD
SESSION FOR THIS TACTICAL SITUATION (4 Practices)
1. Creating & Exploiting Space in the Centre with the Forward Dropping Back in Between the Lines (4-2-3-1) 102





Variation (4-4-2)
2. Creating & Exploiting Space Out Wide with the Winger Dropping Back in Between the Lines (4-2-3-1) 10
Variation (4-4-2)
3. Creating & Exploiting Space in Final Third with Dropping Back Movements in a Functional Game (4-2-3-1) 10
4. Creating & Exploiting Space in Final Third with Dropping Back Movements in an 11 v 11 Game (4-4-2) 10
CHAPTER 5: CREATING AN OVERLOAD WITH A FORWARD SHIFTING ACROSS (ANTONIO CONTE TACTICS)
Forward on the Weak Side Shifts Across to the Strong Side and Creates an Overload
Forward on the Strong Side Shifts Across to the Weak Side and Creates an Overload
SESSION 5: CREATING & EXPLOITING AN OVERLOAD WITH A FORWARD SHIFTING
ACROSS
1. Creating & Exploiting an Overload with a Forward Shifting Across in a Position Specific Practice (3-5-2) 11
Variation (Overload Prevented)
2. Creating & Exploiting an Overload with a Forward Shifting Across in a Position Specific Practice (4-4-2) 12
3. Creating & Exploiting an Overload with Awareness of the Defenders' Reactions (3-5-2)
4. Creating & Exploiting an Overload on the Strong or Weak Side in a Functional Practice (3-5-2)
5. Creating & Exploiting an Overload on the Strong or Weak Side in a Functional Practice (4-4-2)
6. Creating & Exploiting an Overload with a Forward Shifting Across in a Zonal Game (3-5-2)
Variation (4-4-2)
7. Creating & Exploiting an Overload with a Forward Shifting Across in an 11 v 11 Zonal Game (3-5-2)
CHAPTER C. CREATING AN OVERLOAD WITH A WINGER CHIETING INCIDE
CHAPTER 6: CREATING AN OVERLOAD WITH A WINGER SHIFTING INSIDE (JOSE MOURINHO TACTICS)
The Winger on the Weak Side Shifts Inside and Creates an Overload
The Winger on the Strong Side Shifts Inside and Creates an Overload
SESSION & CREATING & EVDI OITING AN OVERLOAD WITH A WINGER SHIETING
SESSION 6: CREATING & EXPLOITING AN OVERLOAD WITH A WINGER SHIFTING INSIDE
SESSION FOR THIS TACTICAL SITUATION (5 Practices)
1. Creating & Exploiting an Overload with a Winger Shifting Inside on the Weak or Strong Side





2. Reading the Tactical Situation when Creating an Overload with a Winger Shifting Inside (4-2-3-1)	137
3. Reading the Tactical Situation when Creating an Overload with a Winger in a 10 v 4 (+GK) Practice (4-2-3-1)	138
Variation (4-4-2).	139
4. Reading the Tactical Situation when Creating an Overload with a Winger in a Functional Practice (4-2-3-1)	140
Variation (4-4-2).	141
5. Reading the Tactical Situation when Creating an Overload with a Winger in an 11 v 11 Game	1/1