

FC Barca Attacking Analysis and 2 FREE Practices

Date : 5/Feb/2013

Duration : N/A

Time : 0h 0m

Age/Level : U11 - 18+

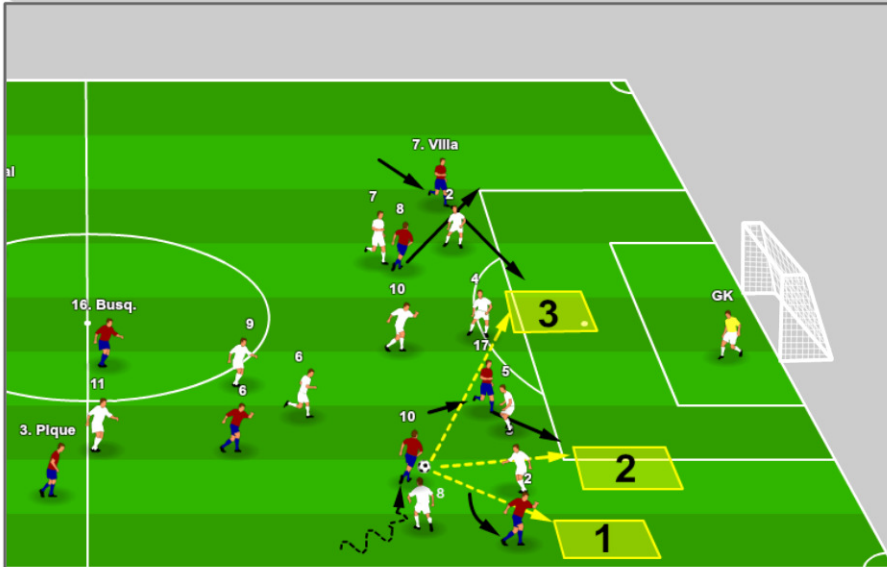
Session

To analyse FCB tactics and practice

Objective:

them in training

FC Barca - Cutting inside from the Flanks to Create Attacking Options



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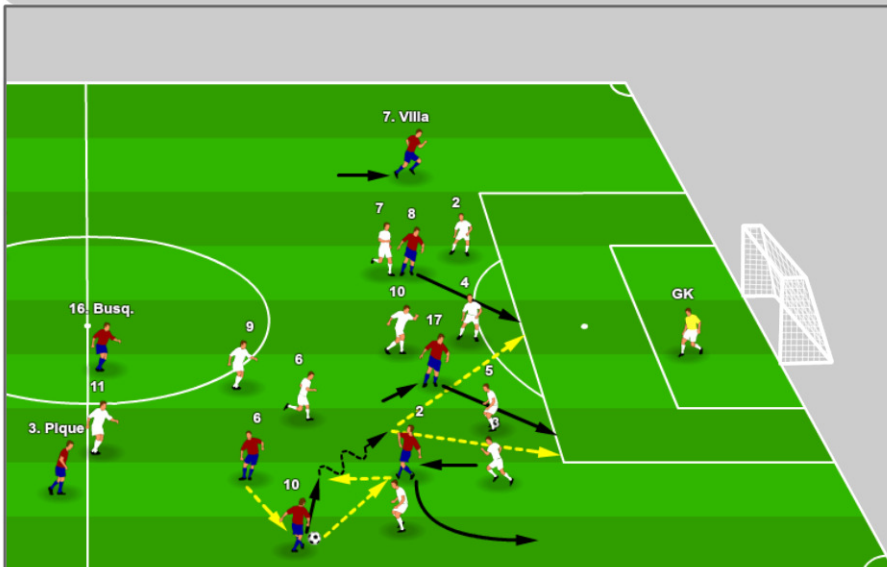
TACTICAL ANALYSIS of FC Barcelona of how they create goal scoring opportunities by cutting inside from the flanks.

Description :

Messi receives the pass on wide on the touch line. A typical movement for him, is to run inside, creating 3 available passing options; Villa and Pedro who move diagonally while Alves spins down the right flank.

Iniesta moves in the opposite direction to create space for teammates and for support at the far post.

FC Barca - Cutting inside from the Flanks to Create Attacking Options 2



Objective :

TACTICAL ANALYSIS of FC Barcelona of how they create goal scoring opportunities by cutting inside from the flanks.

Description :

The same situation is carried out in a different way. Messi passes to Alves and moves into a supporting position, with the intention of receiving again.

After receiving the pass back from Alves, he continues his run towards the centre, having Pedro and Iniesta as the available passing options. Alves makes the same run down the flank.

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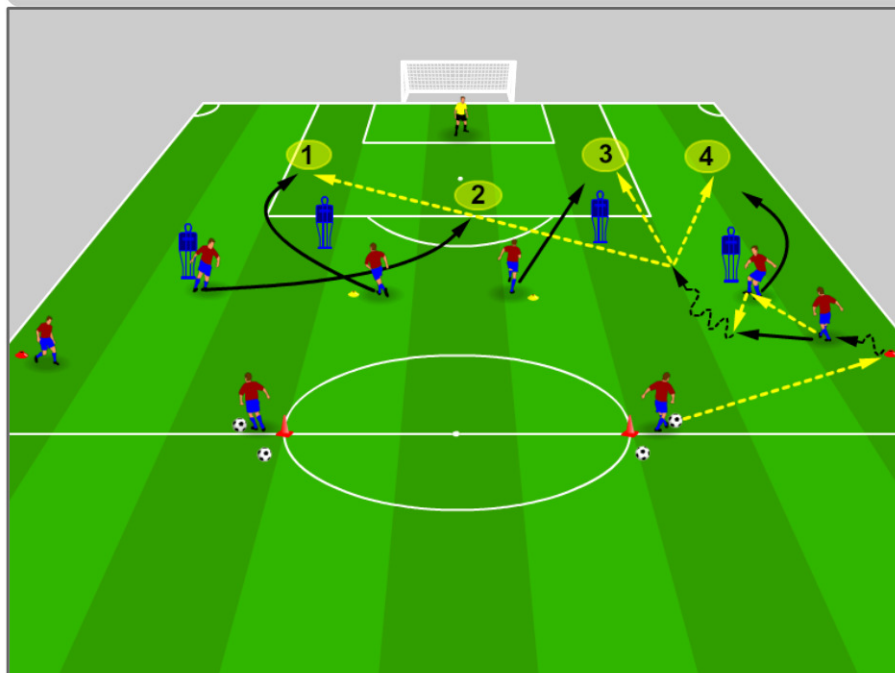
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Objective:

To analyse FCB tactics and practice them in training

Cutting inside from the Flanks to Create Attacking Options



Description :

Player on the touchline receives a pass from central player. The receiver has an option to dribble past the mannequin or as shown in the diagram make a quick give and go with a player inside.

Diagonal and wide Movement from supporting players creates the 4 available attacking options with chances to finish on goal.

Coaching Points :

1. Wide player should check to create space before receiving.
2. If playing a give and go, the player inside also needs to create space.
3. Angle and TIMING OF RUNS is very important, players should NOT go too early.

Cutting inside from the Flanks to Create Attacking Options - Progression



Description :

The same sequence as the previous practice except for the start; there is a marked area to create a 2v1 situation.

The 2 players must create space to lose the defender and receive a pass from the server. He must then quickly play the ball to either the right or left flank to start the attack.

Coaching Points :

1. The 2 players in the centre needs to create space in order to get away from the defender.