



# CHAPTER 5

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## BAYERN MUNICH TIMING OF MOVEMENT IN DOUBLE ONE-TWO TRIANGLE PASSING COMBINATION



### Objective

Improves short/medium range passing and timing of movement - quick combination play.

### Description

We have players positioned on 3 cones 10-15 yards apart (minimum 2 on each). Player A passes diagonally to Player B who checks away and plays a cushioned pass back for A to run onto. Player A passes back to B again for him to run around the cone onto.

Player B then passes to C who checks away and plays a cushioned pass back. The final pass is by Player B in front of Player C to run round the cone onto and dribble back to the start position. Player A moves to B, B to C and the next player starts the same sequence again.

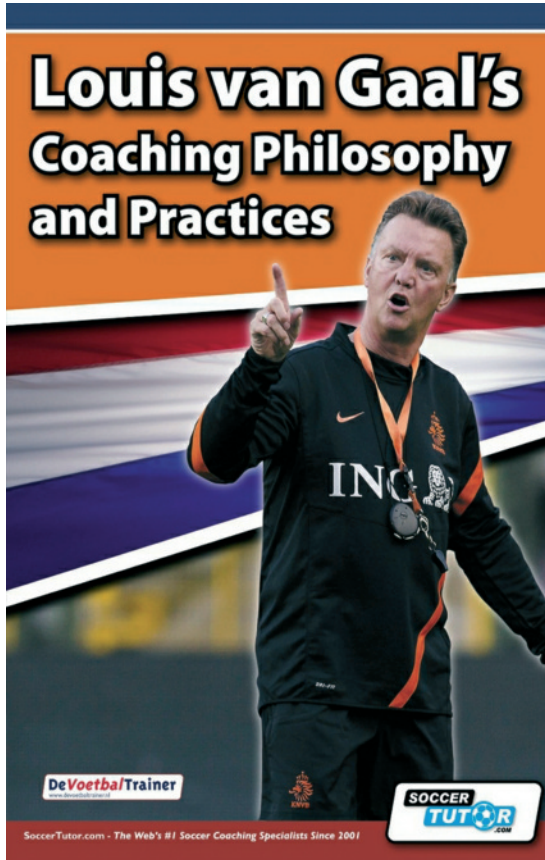
### Variation

Start from the empty cone so that the players practice passing from different angles.

### Coaching Points

1. Players should be moving when meeting the ball to increase the speed of play.
2. Open body shape - half turned and receive/pass with the back foot.
3. Runs/movements when creating space should be done at pace.

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