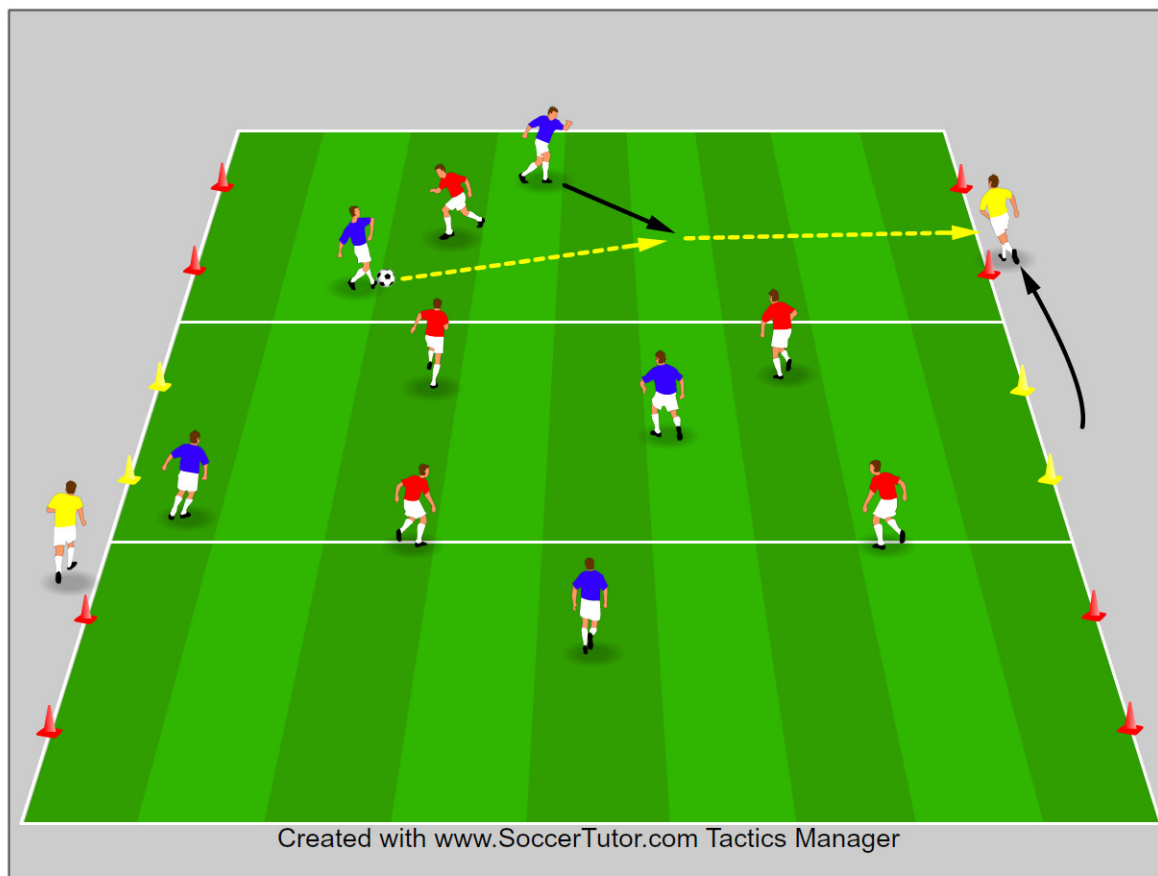


Possession and Transition Game 5 v 5 + 2



Date:	12/Dec/2011	Measurement:	20 x 30 Yards
Time:	N/A:N/A	Players:	13
Duration:	20	Level/Age Group:	U11 - 18+

Description: Two teams play 5 v 5 within the area with 3 gates positioned evenly apart on each side of the area. Two neutral target players play for both teams in possession.

The objective is for the team in possession to pass to the neutral player through one of the 3 gates. If successful, the same team maintains possession and plays to the opposite side of the area.

Objective: To develop, passing, possession and quick transition play.

Coaching Points:

1. Movement of angle and support to create space and receive the pass.
2. Body shape, half-turned to enable quicker movement and better decision making.
3. Timing of runs must be coordinated to the pass.

Progression:



Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

"Get 24/7 Access to Training Drills, Tactics and Complete Sessions from the World's Top Coaches and Teams and their Academies"

Juventus, Real Madrid, Inter Milan, Ajax, PSV Eindhoven, Manchester United, Liverpool, Arsenal, Chelsea, Tottenham, Cruzeiro, Atletico Mineiro and many others...



Two Package options:

1. WCC Online Magazine and Member Drills Database
2. WCC Online Magazine and Member Drills Database + Total Team Manager Pro Coaching Software – **SAVE 35%**

Purchase WCC Magazine:

ROTW Shop: <http://shop.soccertutor.com/Football-Coaching-Magazine-s/102.htm>

US / CA Shop: <http://shopusa.soccertutor.com/Football-Coaching-Magazine-s/102.htm>



Diagrams were created using www.Soccertutor.com Tactics Manager Software
<http://www.soccertutor.com/tacticsmanager>