

# **CHAPTER 3** MANU DORADO

Real Madrid Academy Coach and former Malaga CF Coach

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## **REAL MADRID ACADEMY COACH PROFILE**



### Manu Dorado

**Real Madrid Academy Coach** 

#### **Previous Coaching positions:**

Malaga CF Academy Coach

#### Credentials:

- UEFA A Licence
- National Coach Bachelor of Physical preparation
- Technical Sports Degree



#### Practice 1: Building Up Play and Decision Making in a 5 v 4 Attack



#### Objective

We work on building up play, decision making and attacking in the final third.

#### Description

We have 3 defenders, 2 centre midfielders, 2 wingers and 1 forward (3-2-3 formation) playing against 4 defenders (blue) and a goalkeeper.

The ball starts with the defenders and one of them passes to a centre midfielder, who then dribbles forward and passes to one of the 3 attacking players. From that point we have a 5v4 attack in the highlighted area with the players free to make the decisions.

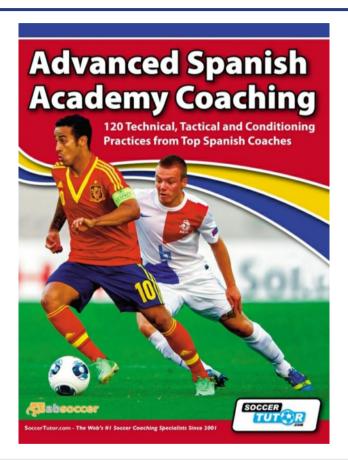
#### **Coaching Point**

We want the players to make the right decisions to get in behind the defence and score a goal. The diagram just shows one potential attacking move/combination.

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