

CHAPTER 3 MANU DORADO

Real Madrid Academy Coach and former Malaga CF Coach

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REAL MADRID ACADEMY COACH PROFILE



Manu Dorado

Real Madrid Academy Coach

Previous Coaching positions:

Malaga CF Academy Coach

Credentials:

- UEFA A Licence
- National Coach Bachelor of Physical preparation
- Technical Sports Degree



Practice 1: Building Up Play and Decision Making in a 5 v 4 Attack



Objective

We work on building up play, decision making and attacking in the final third.

Description

We have 3 defenders, 2 centre midfielders, 2 wingers and 1 forward (3-2-3 formation) playing against 4 defenders (blue) and a goalkeeper.

The ball starts with the defenders and one of them passes to a centre midfielder, who then dribbles forward and passes to one of the 3 attacking players. From that point we have a 5v4 attack in the highlighted area with the players free to make the decisions.

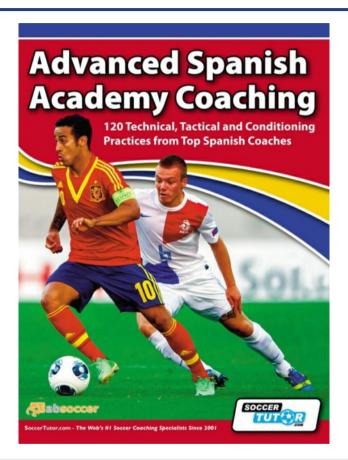
Coaching Point

We want the players to make the right decisions to get in behind the defence and score a goal. The diagram just shows one potential attacking move/combination.

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