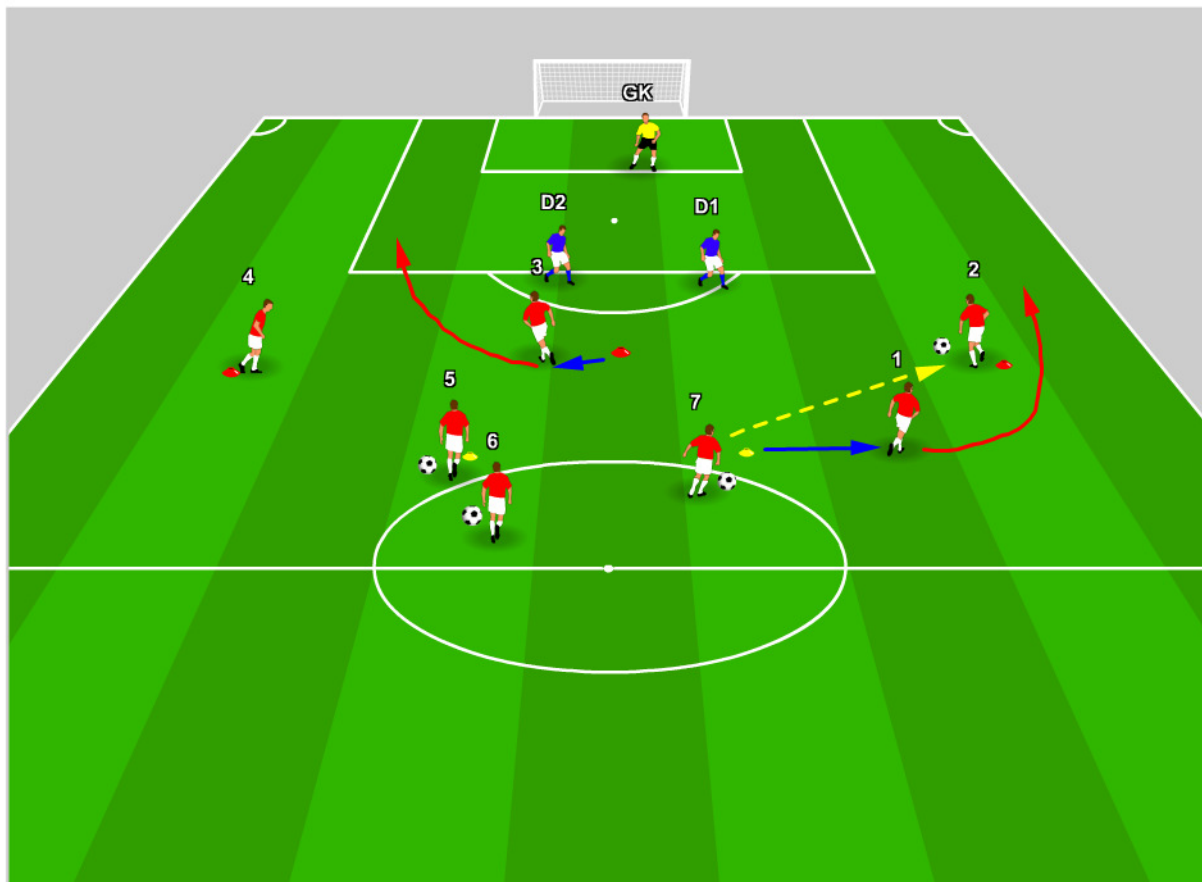


3 v 2 Overlapping in the Final Third



Date:	18 Mar 2010	Measurement:	Half Pitch
Time:	.	Players:	10
Duration:	15 mins	Level/Age Group:	10+

Description: Three stations - left side, right side, attack and defenders. To start, the central player 1 passes wide to player 2 and overlaps. The wide player dribbles inside to attack the two defenders in a 3v2 situation with player 3 spinning to join the attack. Rotate player positions..

Objective: To develop overlapping, attacking runs and finishing.

Coaching Points: 1. Wide player must dribble at pace inside. 2. The centre attacker must try to pull away and into space as this will give the defenders a problem. 3. Speed of attack must be quick and realistic with rule of that an attempt on goal must be made within a certain time limit.

Progression: 1. Introduce a 2nd forward so they make runs to near and far post. 2. Have to make a switch from one side to the other before overlapping.

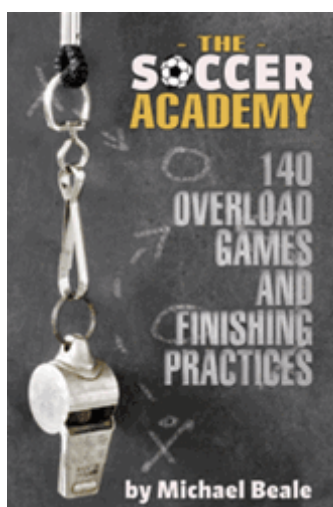
Notes:

The Finishing Drill was taken from The Soccer Academy 140 Overload Games and Finishing Practices Book

by Michael Beale

Academy Coach and Youth Development Officer, Chelsea FC, England

EXCELLENT EXERCISES FOR DEVELOPING BOTH SKILLS AND TACTICAL UNDERSTANDING



Purchase the book

Rest of the World Shop:

<http://shop.soccertutor.com/Soccer-Academy-140-Games-and-Finishing-Practices-p/b969.htm>

US and Canadian Shop:

<http://shopusa.soccertutor.com/Soccer-Academy-140-Games-and-Finishing-Practices-p/b969.htm>

Diagrams were created using www.Soccertutor.com Tactics Manager Software <http://www.soccertutor.com/tacticsmanager>