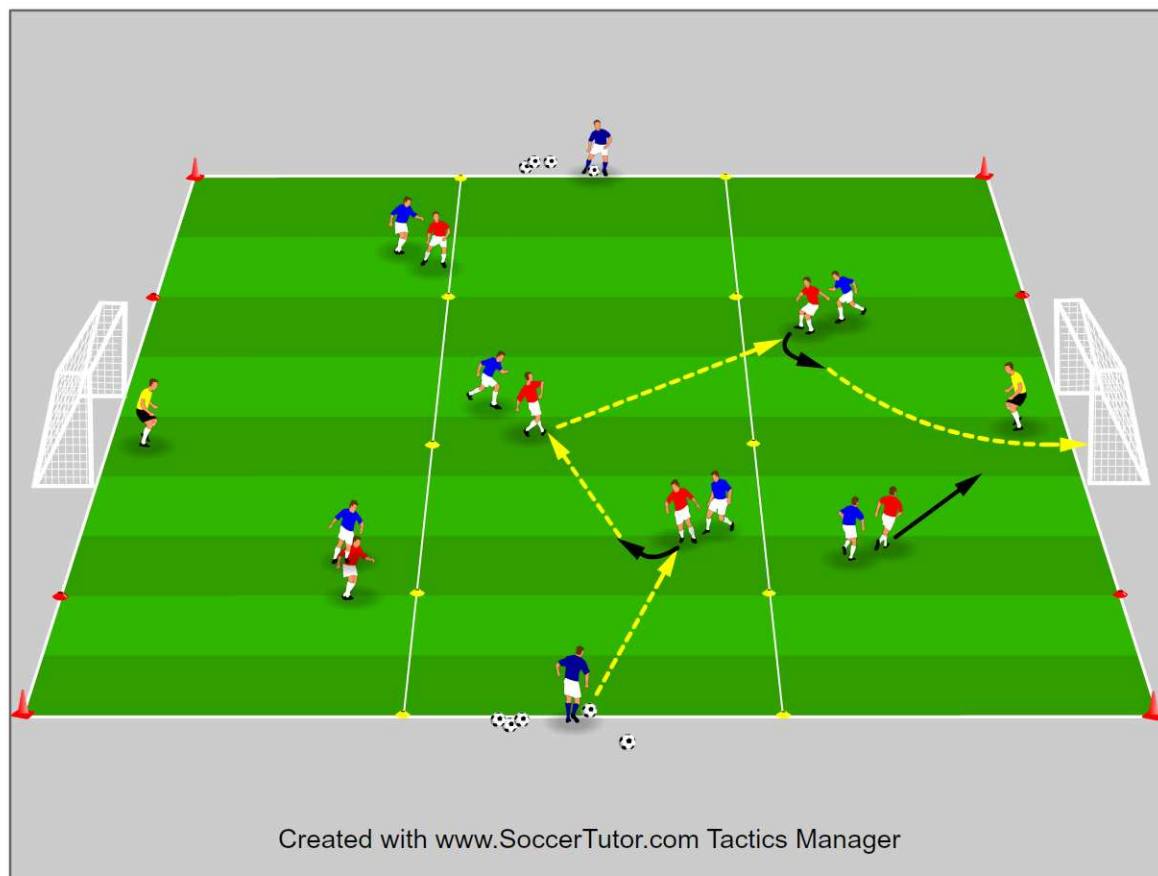


Develop Turning in 7 v 7 Small Sided Game



Date:	14/Feb/2012	Measurement:	60 x 40 Yards
Time:	N/A:N/A	Players:	15
Duration:	15	Level/Age Group:	U5 - U14

Description: In this tactical game each team starts with two players in each third, essentially a two v two. The players cannot move from their designated third. Each team can attack both ends and score in either goal.

The players in the midfield receive a ball from the coach and twist and turn trying to find a teammate in either end zone who can receive the ball and get in a shot.

Objective: Turns - Coach to Improve Turning with the Ball

Coaching Points:

1. Each player needs to tell the player with the ball where they are and where they want the ball. Communication is the key especially when the player with the ball is facing the opposite direction.
2. Can the player with the ball change the direction of the attack. Start attacking one goal then turn and attack the other.

Progression:

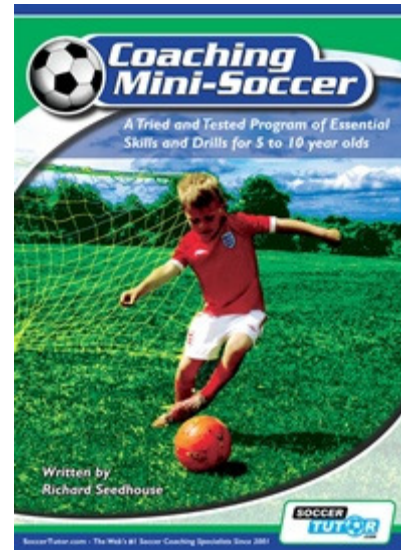
1. For younger players may want to try 1v1 in the 2 ends zones and keep 2v2 in the middle.
2. For more advance players increase the pitch size and try 3v3 in midfield
3. Remove the thirds leaving a standard pitch

This Practice was taken from the Book -

“Coaching Mini Soccer - A Tried and Tested Program of Essential Skills and Drills for 5 to 10 year olds”

Coaching Mini Soccer (5 - 10 years) book contains a **complete and proven full season training program** comprising 12 main sessions and **over 70 interchangeable drills** to coach the skills required to produce academy standard players and teams.

FACT - eight players in the last three years **have been signed by professional clubs** through participation in this program. In its basic form the program can be used by grassroots youth clubs for coaching skills in their soccer academies, community soccer programs, after school, or by primary school teachers as a term based program.



As the players develop through the program and form Mini-Soccer teams the coach can draw on the programs tactical games to aid formations and small sided games to improve creativity, game awareness and problem solving.

Coaching Mini-Soccer is specifically written to be the only book any coach of players between 5 and 10 will ever need to provide proven training sessions every single week.

Buy your copy of the book

Rest of the World Shop:

<http://shop.soccertutor.com/Coaching-Mini-Soccer-Skills-Drills-for-5-10-year-p/st-b001.htm>

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