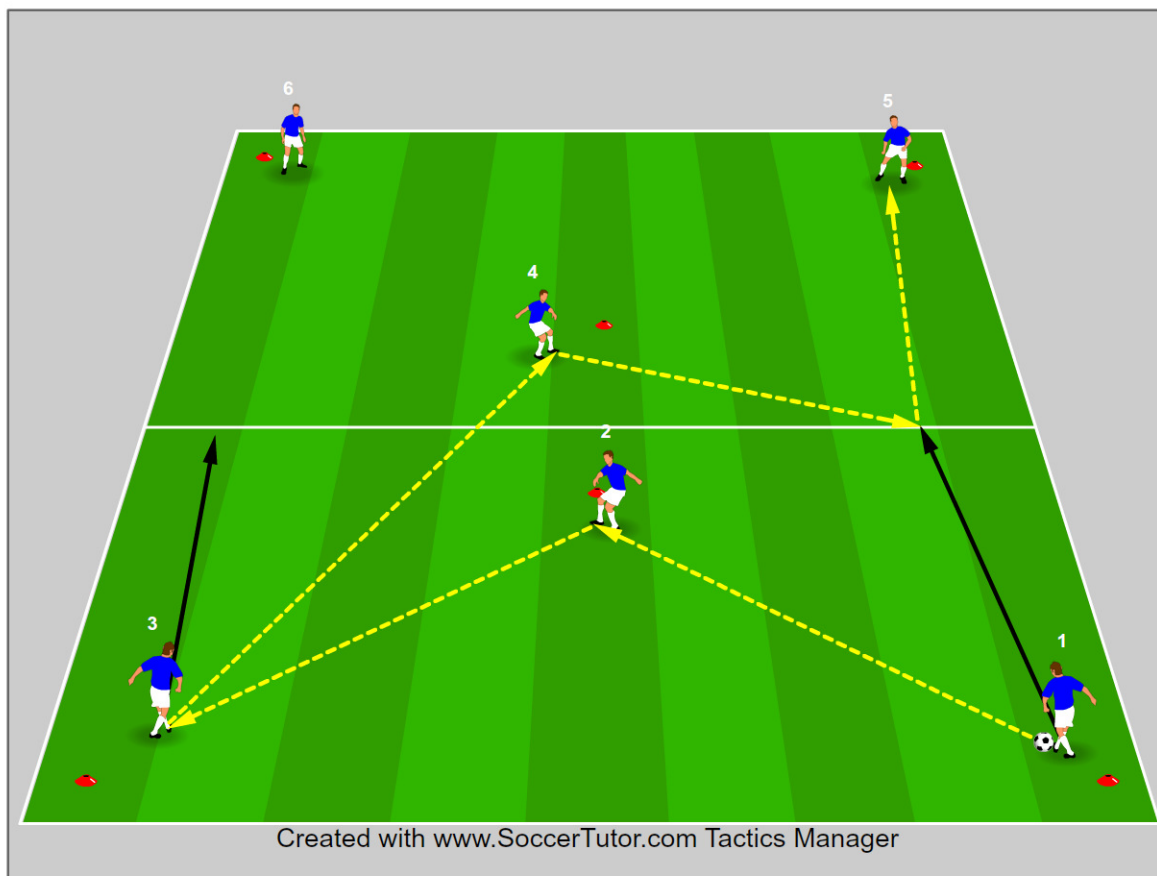


Vitesse Academy - Third Man Runs Passing Drill



Date:	4/Sep/2013	Measurement:	40 x 40 Yards
Time:	N/A:N/A	Players:	6
Duration:	20	Level/Age Group:	U11 - U18

Description:

- Player 1 passes to target player 2 who lays the ball back first-time to players 3.
- Player 3 passes to the second target player 4 who decides to lay the ball ball to player 1 who has made a forward run.
- Player 1 passes to player 5 who starts the sequence again from he opposite side.
- Players 1 and 2 return back to their starting positions.

Objective: To develop quick passing combinations and forward runs.

Coaching Points: Players should accelerate immediately after playing the ball but should also time and hold their runs (if necessary).

Progression:



Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

"Get 24/7 Access to Training Drills, Tactics and Complete Sessions from the World's Top Coaches and Teams and their Academies"

Juventus, Real Madrid, Inter Milan, Ajax, PSV Eindhoven, Manchester United, Liverpool, Arsenal, Chelsea, Tottenham, Cruzeiro, Atletico Mineiro and many others...



Two Package options:

1. WCC Online Magazine and Member Drills Database
2. WCC Online Magazine and Member Drills Database + Total Team Manager Pro Coaching Software – **SAVE 35%**

Purchase WCC Magazine:

ROTW Shop: <http://shop.soccertutor.com/Football-Coaching-Magazine-s/102.htm>

US / CA Shop: <http://shopusa.soccertutor.com/Football-Coaching-Magazine-s/102.htm>



Diagrams were created using www.soccertutor.com Tactics Manager Software
<http://www.soccertutor.com/tacticsmanager>