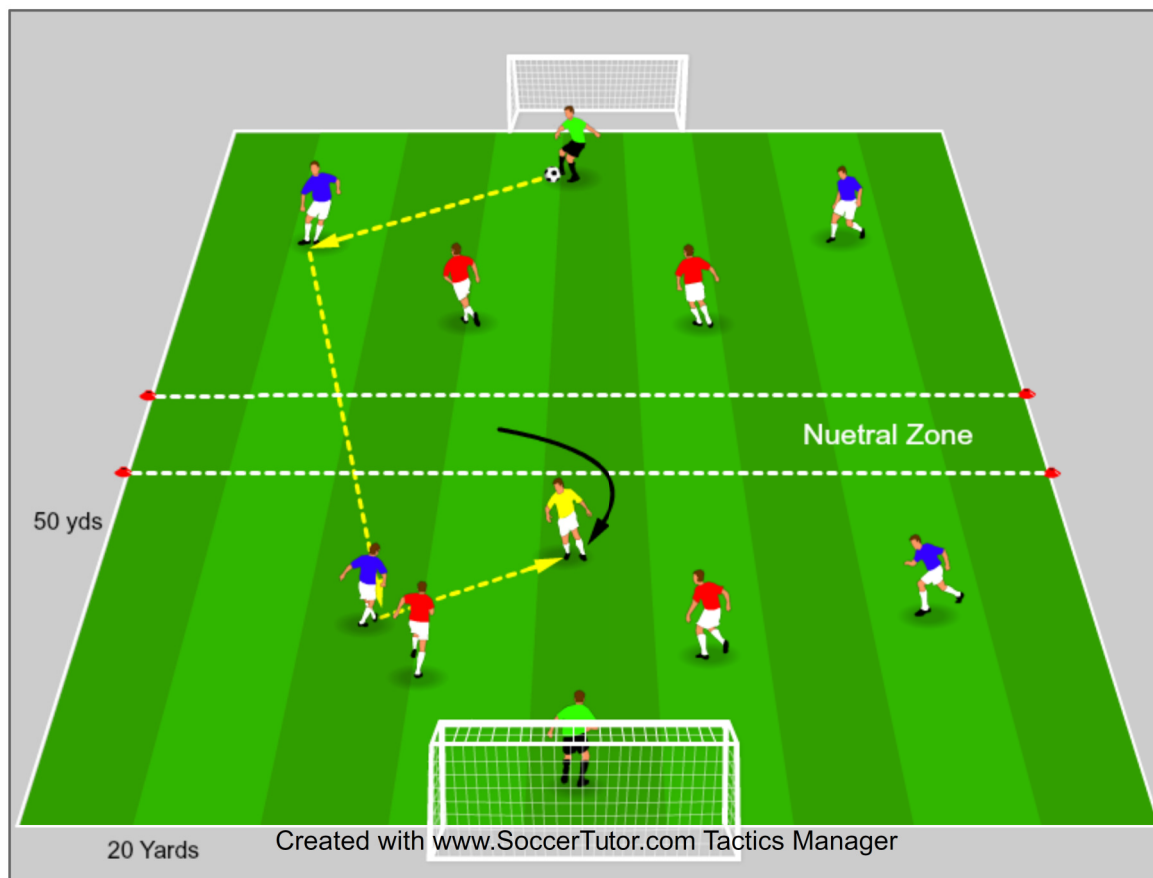


West Brom Academy 4 v 4 + Neutral SSG



- |                  |            |                         |               |
|------------------|------------|-------------------------|---------------|
| <b>Date:</b>     | 6/Sep/2011 | <b>Measurement:</b>     | 20 x 40 Yards |
| <b>Time:</b>     | N/A : N/A  | <b>Players:</b>         | 11            |
| <b>Duration:</b> | N/A        | <b>Level/Age Group:</b> | U11 - 18+     |
- Description:** The team play 2 v 2 in each half of the pitch with a neutral player in the centre neutral zone. Defenders can play through the neutral player or directly to the front players.
- The neutral player creates a 3 v 2 when the ball is in the attacking zone. Encourage the goalkeepers to play into the attackers quickly in transition. Offside line - 18 yards from goal.
- Objective:** To develop quick attacking transition play.
- Coaching Points:**
1. Detail of pass
  2. Identification of space and pressure
  3. Protecting skills
  4. Pin and roll technique
- Progression:**



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