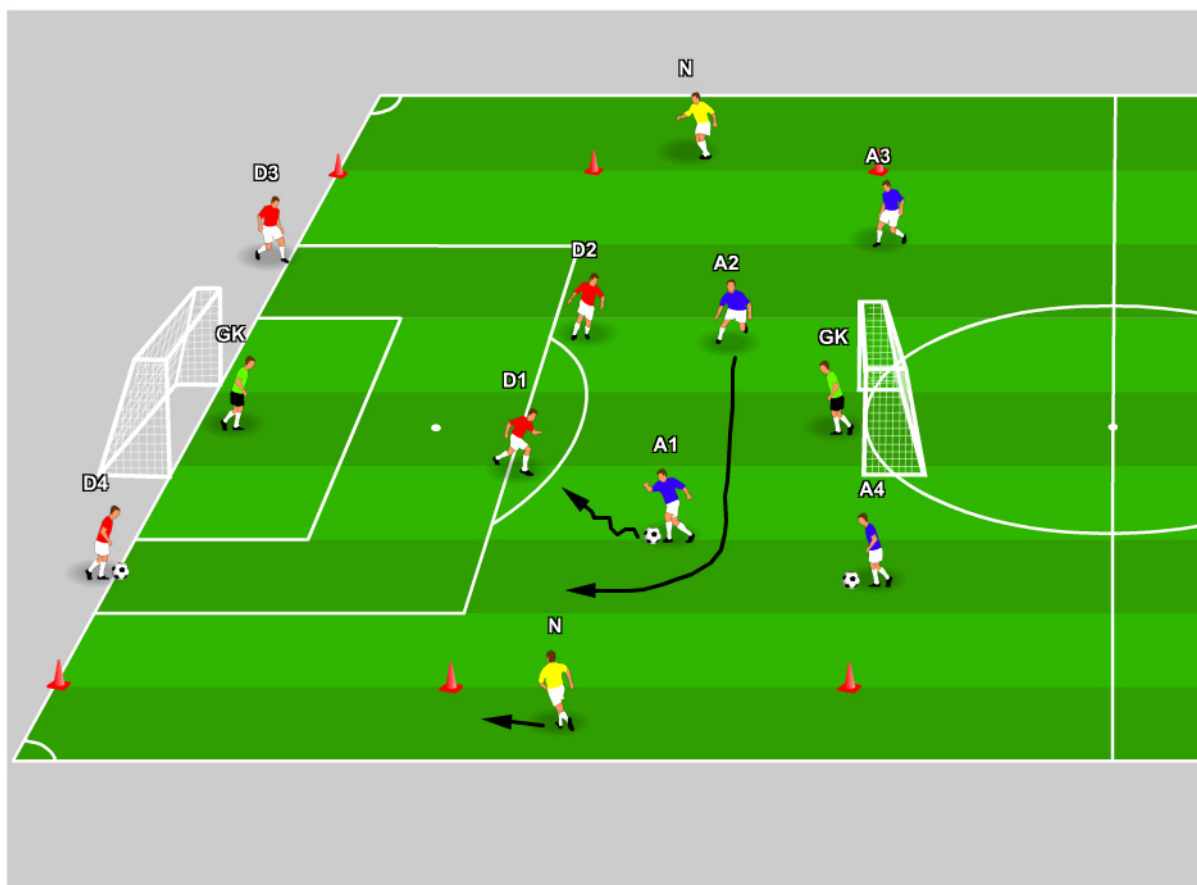


2 v 2 Continuous with Transitional Outlet Players



Date: 4 May 2011

Measurement: Half-Pitch

Time: -

Players: 12

Duration: -

Level/Age Group: U11+

Description: A1 and A2 attack D1 and D2s goal. If they score or the ball leaves the area, they immediately defend against D3 and D4 attacking A goal. If D1 and D2 win the ball, they look to either attack the A goal directly or utilise the N players to relieve pressure and organise an attack.

Note that the N players can move up and down the field but cannot enter it. They are limited to 1 touch.

Objective: To develop attacking and defending in a small sided game.

Coaching Points:

1. 1st defender - Immediate pressure on the ball, deny and block shots, prevent dribbling, prevent forward pass.
2. 2nd defender - provide cover and communication to 1st defender, set tactical offside line, work to prevent break-away pass to 2nd attacker, box marking tight on any cross attempt.

Progression: There are 2 progressions to this SSG - Subscribe to WCC Online Magazine from www.SoccerTutor.com

Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

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<http://www.soccertutor.com/tacticsmanager>