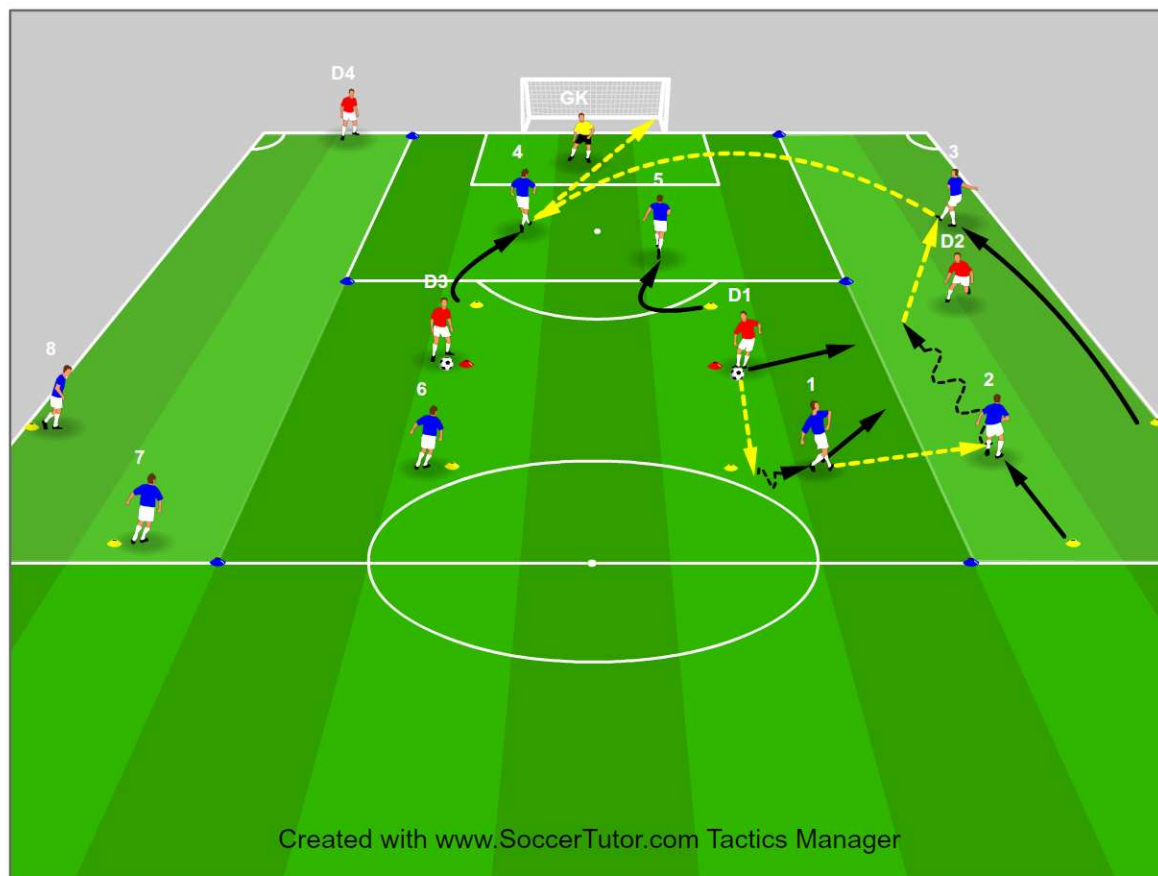


3 v 2 Wing Play - Crossing and Finishing Practice



| | | | |
|------------------|------------|-------------------------|--------------|
| Date: | 3/Sep/2012 | Measurement: | Half a Pitch |
| Time: | N/A:N/A | Players: | 13 |
| Duration: | 20 | Level/Age Group: | U11 - 18+ |

Description: Defender D1 passes to the midfielder 1, who passes to wing players 2 and 3. D1 and 1 run onto the wing after the pass, while defender D2 approaches wing players 2 and 3 to create a 3 v 2 situation. Wingers try to get past the defenders and deliver a cross for forward 4 and 5. Crosses from inside positions are also allowed. Repeat the from the opposite side. For younger players start with 1 defender.

Objective: To improve attacking down the flanks, crossing and finishing.

Coaching Points:

1. Passing must be quick and firm
2. Players body shape needs to be open to receive the ball quickly and also be aware of teammates and defenders.
3. Be positive and decisive attempting overlaps, underlaps and wall passes.
4. Forward should time their runs well, not too early!

Progression: 1. Pass can be played to forward before receiving back into the wing zone.

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In this book Sven Hübscher shows how you can
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Pages: 102
Type: B/W
Practices: 76
Age/Level: U8+



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