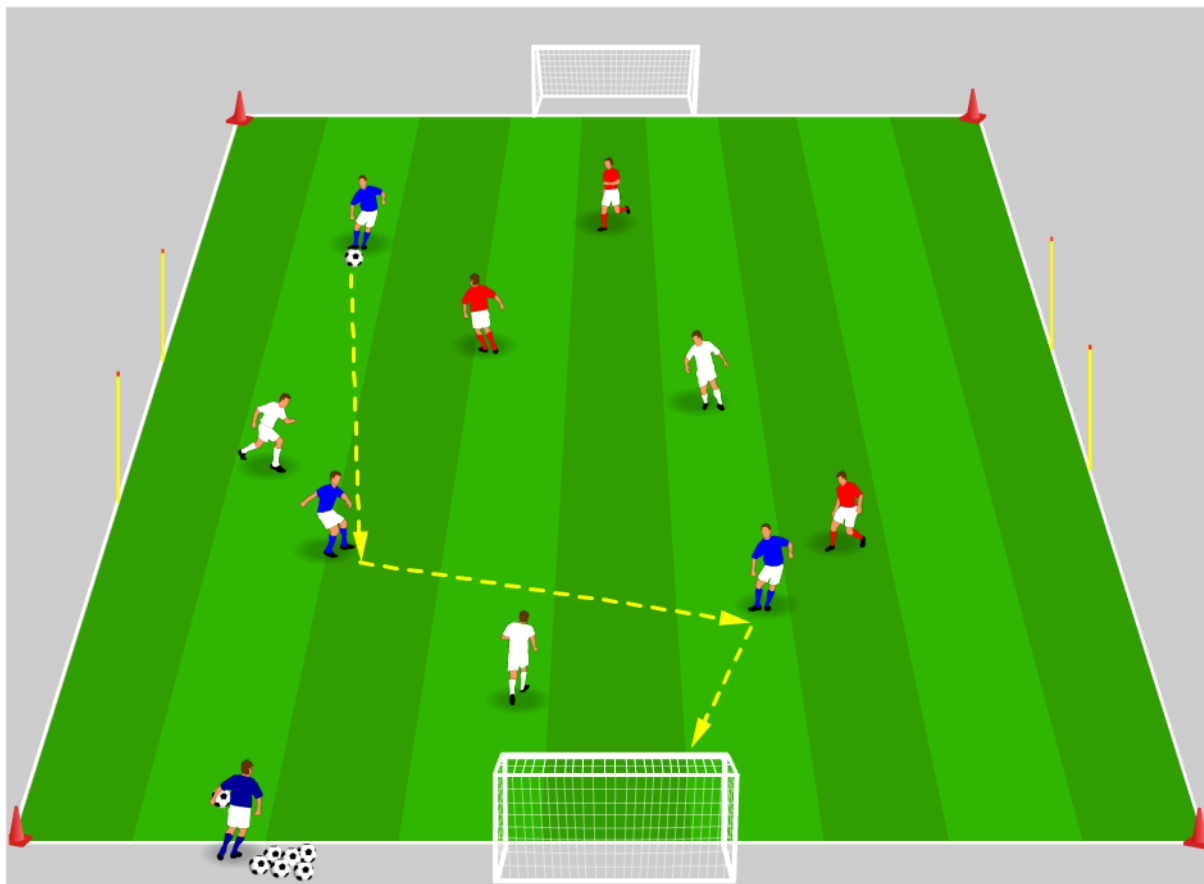


3 v 3 v 3 Small Sided Game**Date:** 24 Nov 2009**Measurement:** 20 x 20 yds**Time:** .**Players:** 9**Duration:** .**Level/Age Group:** 8+

Description: Place 4 target goals in the centre of each side. Players are split up into 3 teams of 3. The coach stands at the side of the square with plenty of balls nearby. The coach serves the ball into the square. The 3 teams compete to win the ball and score in any of the 4 goals.

Objective: To develop quick shooting and finishing by Richard Seedhouse author of Coaching the Coach book.

Coaching Points: 1] Approach - sprint to ball and look for quick shooting opportunity. 2] Body shape - good technique 3] Attitude - players require desire, belief in their ability to score goals and a will to take risks getting into positions to score ahead of any other player.

Progression: 1] Add 2 additional servers around the area. 2] 4v4v4 with each team defending 1 goal which they cannot score in and can only score in other 3 goals.

Notes: