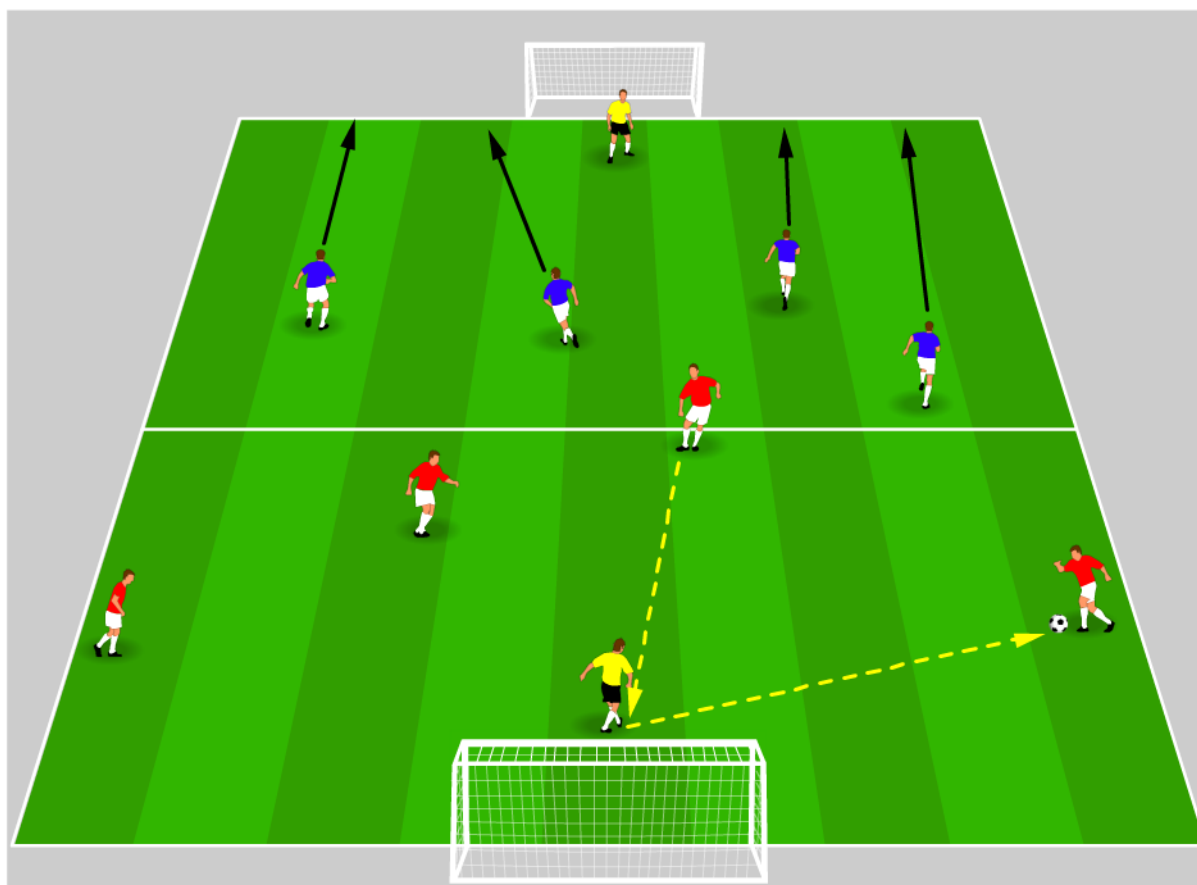


## Transition 5v5 Small Sided Game

**Date:** 11 May 2011**Measurement:** 40 x 30**Time:** -**Players:** 10**Duration:** -**Level/Age Group:** U10+

**Description:** 5 v 5 with keepers on a 60 x 40 field with full size goals but not mandatory. When a team loses the ball, they must sprint back and touch their goal line. When a team wins the ball they must play the ball back to their keeper before initiating their attack. This encourages teams to maintain possession as they will quickly get tired of having to sprint back all the time and get behind the ball. It also works on integrating the keeper into the attack.

**Objective:** To develop possession and attacking in a transitional SSG.

**Coaching  
Points:**

**Progression:**



Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

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