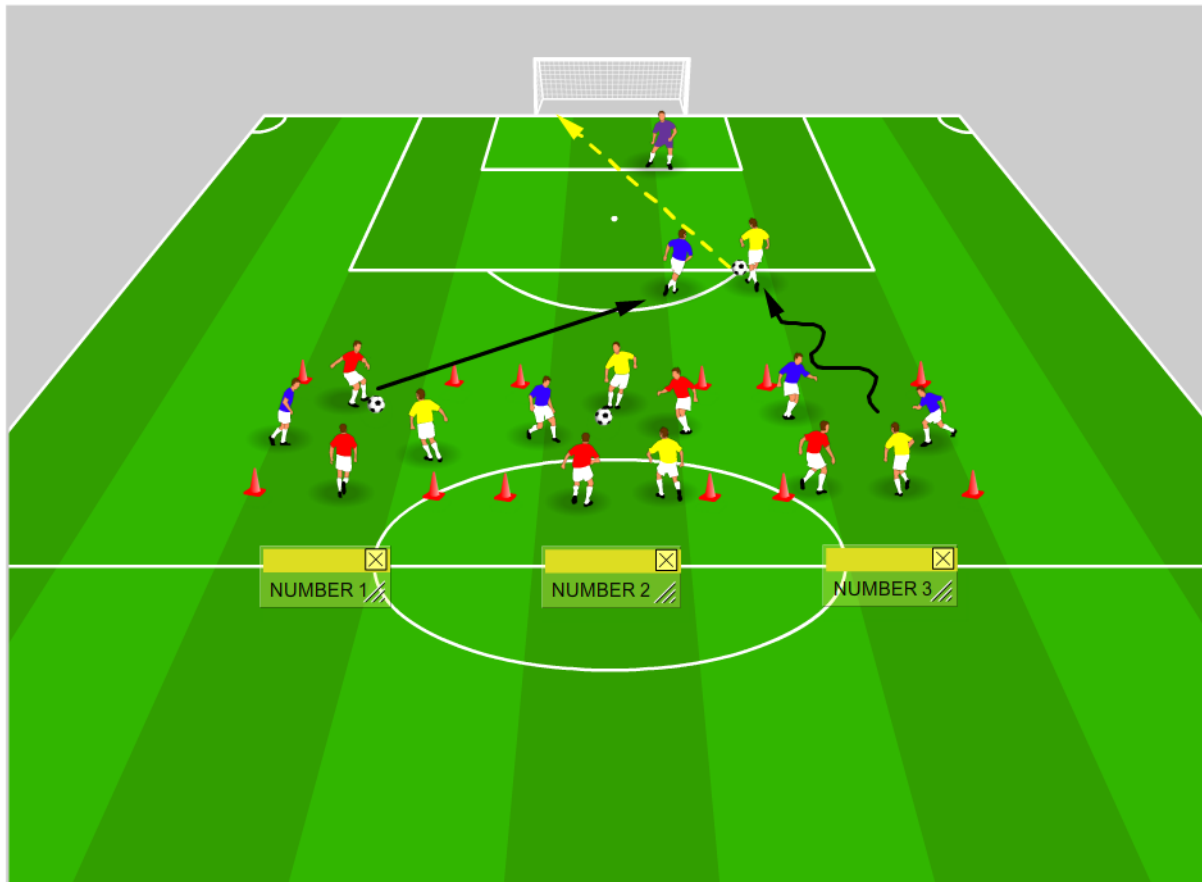


AFC Fiorentina - Possession to Attacking Practice



Date:	5 April 2011	Measurement:	Half Pitch
Time:	.	Players:	16
Duration:	.	Level/Age Group:	U11+

Description: There are three 10x10 yard grids located towards the middle of the field. Each grid has 5 players wearing different colour bibs. The 1st stage is players pass and move within the grid. The drill was changed by having the players pass out of colour. In other words, **PLAYERS CANNOT PASS TO THEIR SAME COLOUR.** On the coaches instruction, 2 players out, one with a ball who attacks the goal and other player tries to prevent from striking on goal.

Objective:

Coaching Points: The instruction called by the coach are Two numbers - 1, 2 or 3. Two Colours - Red, Blue or Yellow. The numbers called correspond to the grid numbers. The colours correspond with the bib colours in the grid.
THE FIRST GRID NUMBER CALLED REPRESENTS THE ATTACKER AND THE SECOND THE DEFENDER.

Progression: The coach send multiple players to attack and to defend. The means the final progression becomes 5 players attacking and 5 players defending.

Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

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