

GOAL ANALYSIS

One-Two Combination and Quick Final Ball

14-Jan-12

Mallorca 1-2 Real Madrid (1st Goal): Higuain - Assist: Ozil



Ozil cuts inside from the left flank and plays a 1-2 with Benzema. This moment is very difficult for the opponent to track and a defensive imbalance is created.



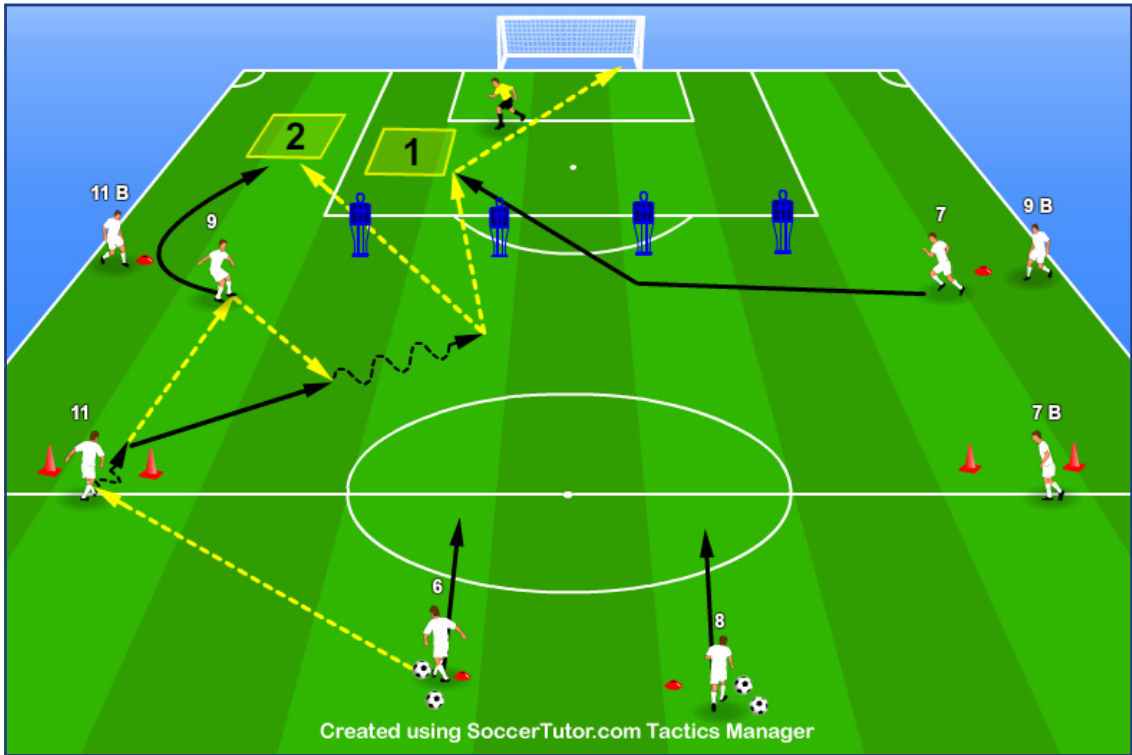
One defender moves to close down Ozil. With perfect timing, Higuain makes a run into the space in behind the defensive line. And Ozil also shows great timing with his pass into the space for Higuain.



Higuain uses one touch to score past the goalkeeper

VARIATION

4. One-Two Combination and Final Ball with 2 Options



Description

Here we use the same starting positions but in the centre of the pitch we have 2 central midfielders and on the side we have an attacking combination play between the wide forward and the striker (not the full back).

The wide forward (11) plays the same 1-2 combination as the full back in the previous example, but this time there are 2 passing options in behind the defensive line (7 or 9). The first option (Pass to 7) leads directly to a shot on goal.

In the second option the striker (9) is in a good position to cross; 7 can run to the near post and 11 to the far post with the central midfielders (6 and 8) approaching the penalty area.

We play the drill from both sides. From the right, 8 plays to 7b, who plays a 1-2 with 9b and dribbles inside. 7b has 2 options; 9b out wide or 11b who makes a run in between the central defenders.

Coaching Points

1. The runs in behind the defensive line need to be sharp and curved/angled at the right point to practice beating offside and timed correctly to meet the pass.

VARIATION

5. Double One-Two Combination and Final Ball



Description

In this variation, the wide forward (11) plays the ball back to the central midfielder (6) who plays the ball into the striker. The wide forward makes the same run inside again to receive the ball, but this time plays a first time ball in behind the defensive line.

- He has 2 options:
1. Pass to the striker on the left flank.
 2. Pass in between the opposition full back and central defender for No.7 to shoot on goal.

PROGRESSION

6. One-Two Combination Play with Final Ball in a SSG



Objective

To develop one-two combinations and playing the final ball in behind the defensive line.

Description 7 v 7 (+ 3 Neutral Players)

In an area of 70 yards x 55 yards we divide the pitch into 3 zones. The central zone is 32 yards x 55 yards and the 2 'Final Zones' are 16 yards x 52 yards. Both teams have 6 players each inside the central zone in a 2-3-1 formation. There are 3 neutrals playing with the team in possession (1 in the central zone & 1 in each 'Final Zone').

There should be good cooperation in attack with the neutral players. A 1-2 with a 3rd man combination has to be played with a neutral player in the 'Final Zone' before a final ball can be played to a teammate into this zone who then shoots on goal.

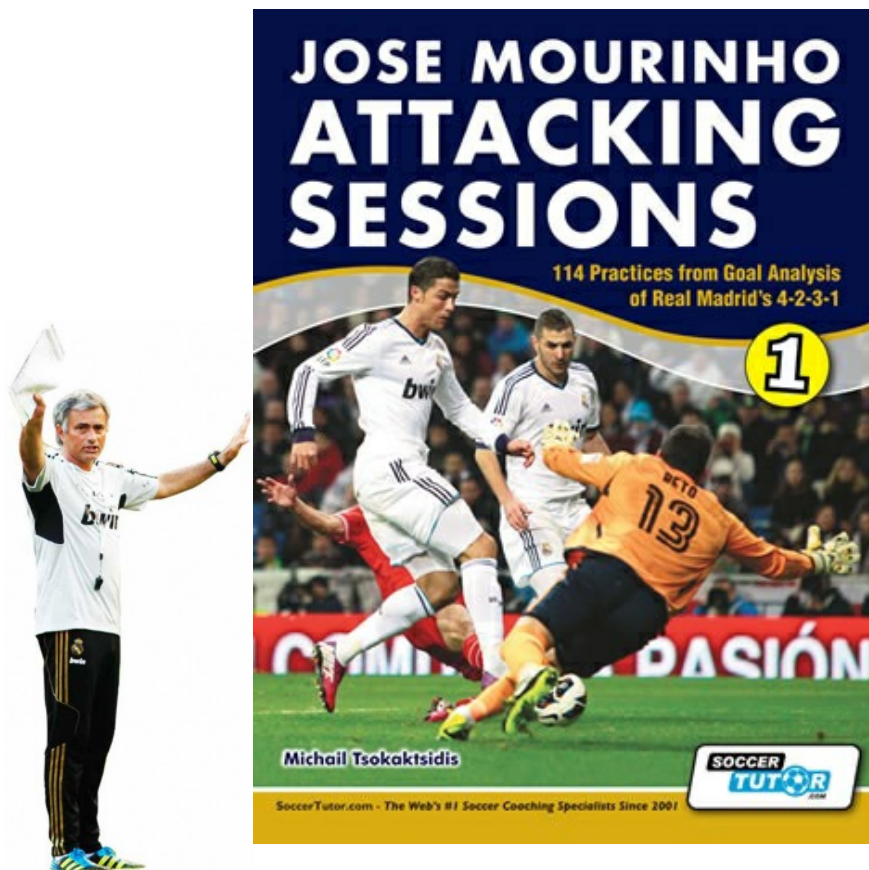
Rule Options

1. There are no defenders allowed in the 'Final Zones' but limited touches should be applied.
2. In the final zone, the defenders are allowed but they must be passive.
3. In the final zone, there must be 1 less defender than attacker. The attackers have limited touches.
4. In the final zone, the defenders are fully active and there are unlimited touches.

Coaching Points

1. Encourage one-tuos with 3rd man combinations to break down the pressure and move up the pitch more quickly.
2. The attacking player in the final zone should get his shot off quickly and focus on accuracy.

114 Practices from Goal Analysis of Real Madrid's 4-2-3-1



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