

GOAL ANALYSIS

Building Up Play Against Opponents who Press High Up the Pitch (2)

05-Sep-2009: World Cup 2010 Qualifying

Spain 5-0 Belgium (4th Goal): Silva - Assist: Arbeloa

Spain in a 4-4-2 vs Belgium in a 4-2-3-1



Spain have a throw in deep in their own half on the left and Belgium press in the high zone.

Riera checks away from his opponent and Capdevila throws the ball to him and moves to provide immediate support.



4 Belgium players press the ball but Spain are again able to keep possession in their own half with good movement and above all with good angles and distances to support the player with the ball.

Puyol is positioned at the bottom, Alonso at the top, Capdevila to the left and Pique to the right.

Riera, Busquets and Xavi are also inside the marked zone and build a 4 (+3) v 4 situation (like a rondo possession game).



In this case Spain keep possession in the left half of the pitch and when the opponents are drawn into this area, they move to quickly switch the point of attack from the left to the right.



The situation created in this area is a 4 (+3) v 4 as shown in the diamond zone.

The ball is moved very well with short passes and good support/movement (pass, 1-2 combination etc) from one side to the other.

Arbeloa uses the full width of the pitch and Pique passes to him into the large space on the right in the opposition's middle zone.



Arbeloa dribbles forward very quickly and Silva, Xavi, Riera and Villa also show fast running to get forward and support him in and outside of the opposition's penalty area.

Arbeloa passes to Silva and he dribbles the ball inside.



The defenders do not close down Silva quick enough and with an excellent finish he scores in the far corner.

(If 1 or 2 defenders who were near to Villa and Riera had closed down Silva, he also had the solution to pass to his teammates in the penalty area).

PROGRESSION

3. Attacking from the Back & Quickly Providing Support in a 2 Zone Possession Game (2)



Description

We mark out 2 grids 18 x 12 yards each and work with 2 teams of 4 with 4 extra neutral players.

The practice starts with one team in the first grid and the players keep possession as shown in the diagram with the help of the 3 neutrals in the positions shown. 1 player from the team in possession can only move along the halfway line and all other players are positioned inside. The 4 defenders (white) are all inside and we have a 4 (+3) v 4 situation.

The objective for the team in possession is to complete 6-8 passes in one grid and then pass the ball to the other grid. If this happens all players (except the 1 neutral at the end) move across to the other grid and continue with the same objective. A new player moves to the halfway line position and we again have a 4 (+3) v 4.

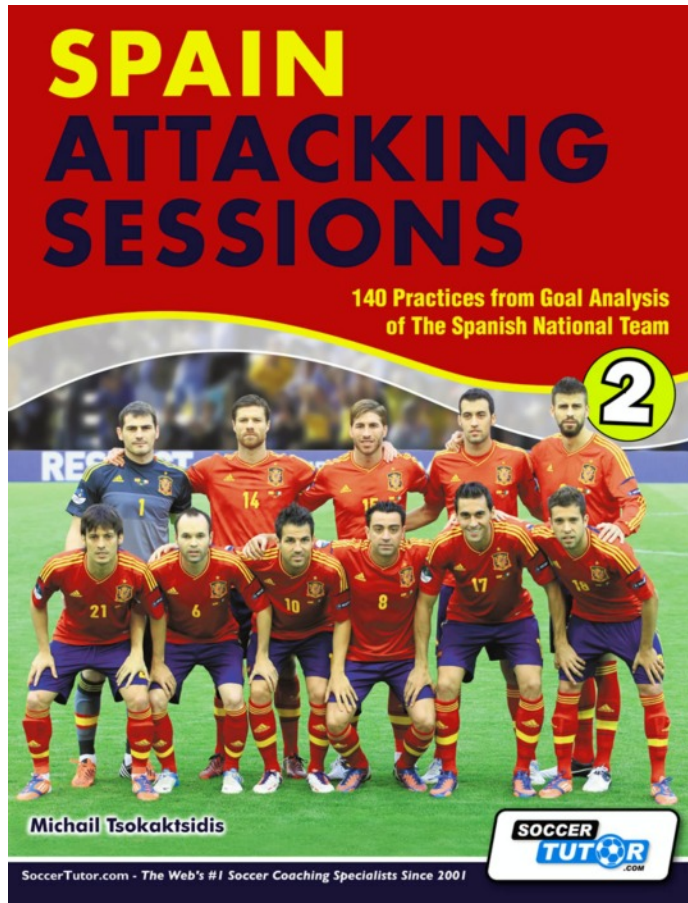
If the team defending (white in diagram example) win the ball they have 2 options:

1. At first they must complete 6-8 passes in the same grid and after can change grid.
2. Progress to them passing immediately to the other grid and moving quickly across to start their possession (a white player must move to the halfway line position).

Rule

All players are limited to 2 touches (or 1) / All players are limited to 2 touches and the neutrals have 1 touch.

140 Practices from Goal Analysis of the Spanish National Team



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