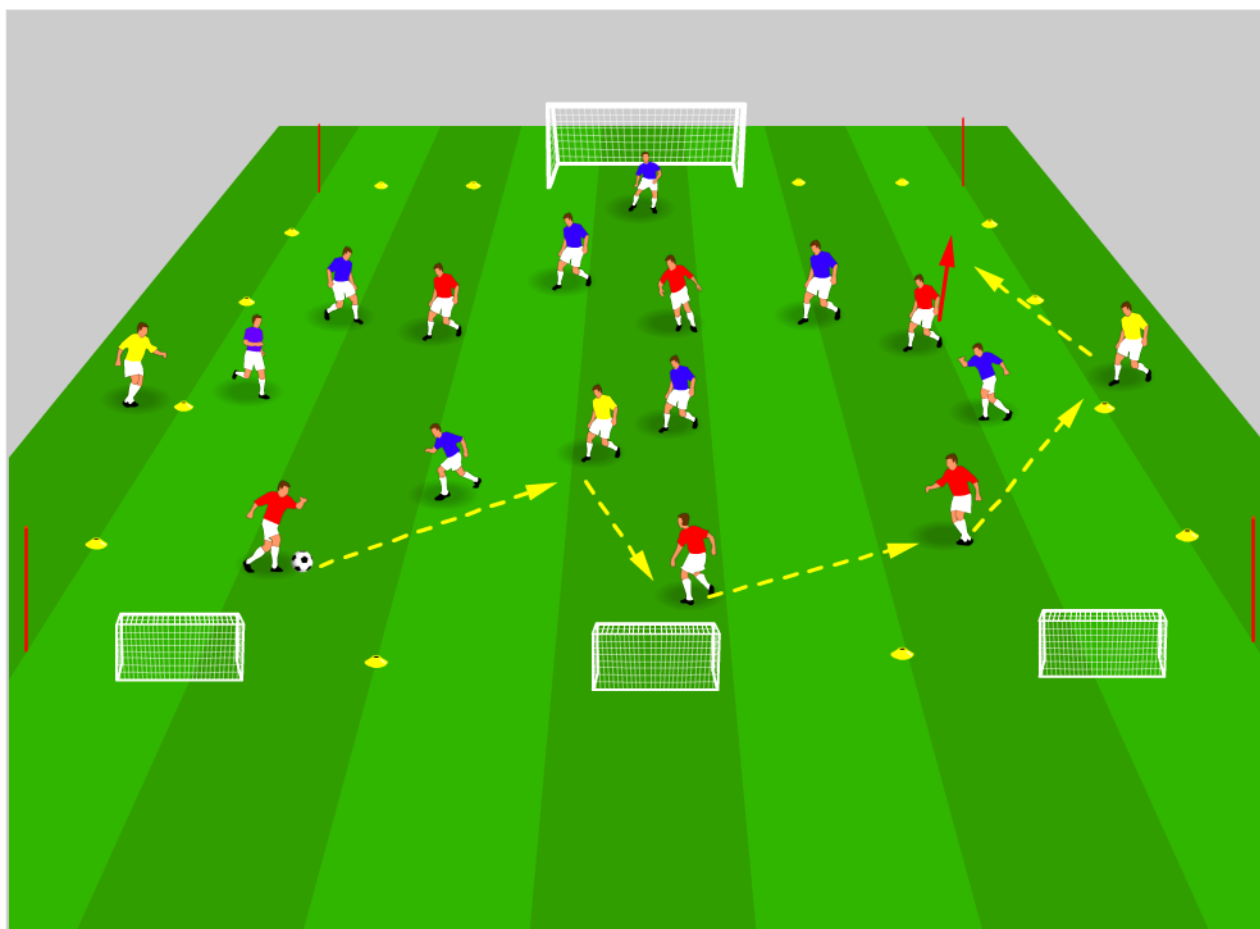


Brazilian Training Games Book - Attack v Defense +

Date:	18 Mar 09	Measurement:	70 x 50 yds
Time:	.	Players:	6v6 to 9v9
Duration:	.	Level/Age Group:	Intermediate / U10+

Description: Attack v Defense with 3 neutral players. Each team (offensive and defensive) must work 5 passes before score on goal.

Objective: To develop transition play

Coaching Points: 1] Create space and movement on and off the ball.
2] Faster connection between outside neutral players.
3] Switch the play and support.

Progression: 2 touch on the ball restriction.

Notes: