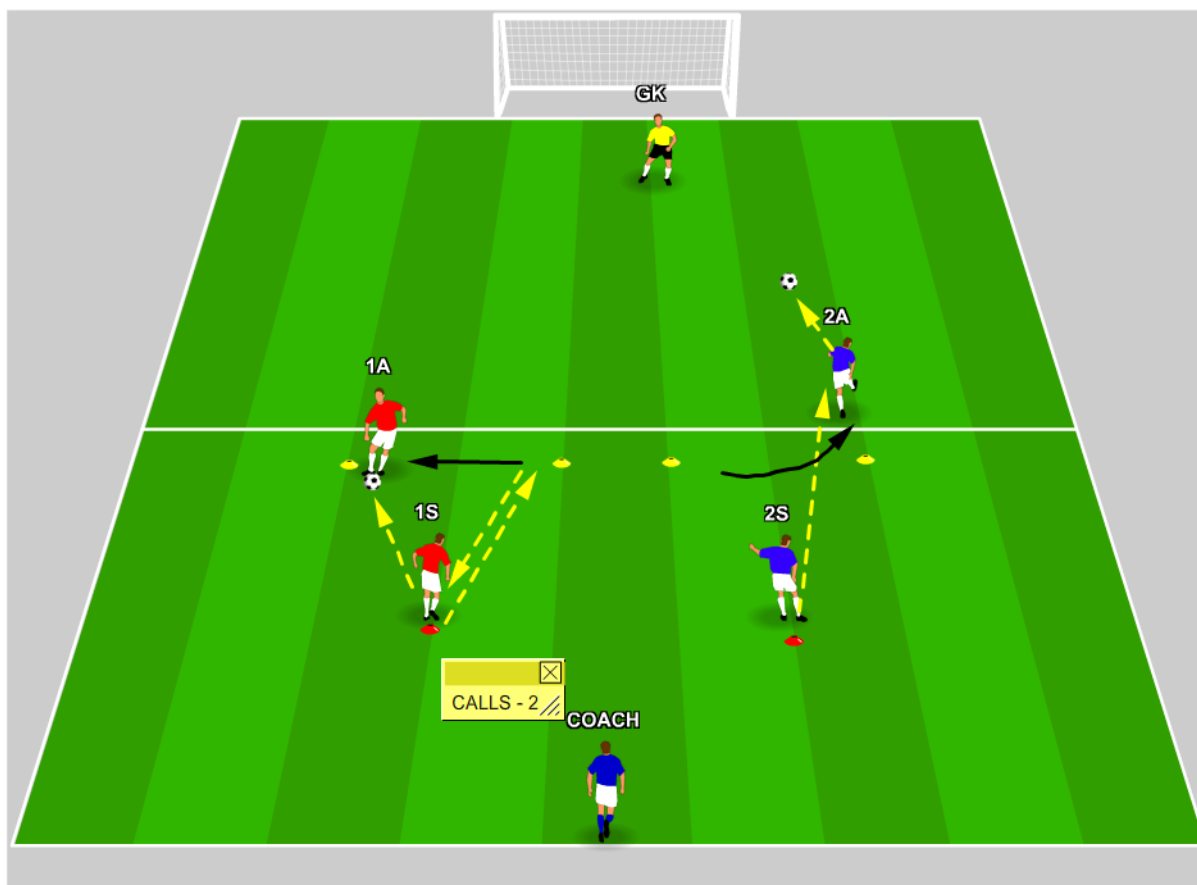


Coaching Advanced Players DVD - Quick Reaction Finishing



|                  |            |                         |             |
|------------------|------------|-------------------------|-------------|
| <b>Date:</b>     | 8 Dec 2010 | <b>Measurement:</b>     | 25 x 25 yds |
| <b>Time:</b>     | .          | <b>Players:</b>         | 5+          |
| <b>Duration:</b> | 5 min      | <b>Level/Age Group:</b> | U11+        |

**Description:** Servers 1 and 2 play side passes at angles for players A1 and A2 who move laterally returning the pass back to the server. When the coach calls out a number, e.g. number 2 as in the diagram, the server makes a firmer pass for the attacker who must react quickly by turning and finishing on goal. Change players after a few minutes. Any number of pairs can be working not just 2 pairs as shown in this diagram.

**Objective:** To develop players individual technique but at the same time improving quick reaction finishing related to game situations.

**Coaching Points:**

1. Players should be on the balls of their feet.
2. When number is called, the attacker needs to quickly adjust his body shape to enable a quick and efficient movement to finish.
3. Quick head up to locate the GK before executing the finish.

**Progression:** 1. Vollies and serve of left or right shoulder for volley finish.

# This Drill was taken from Coaching Advanced Players DVD

Coaching individual skills and technique isn't just for young players. **Older, more accomplished players, as well as top professional players,** continually hone their technical skills with specialized training on a regular basis.

**Coaching Advanced Techniques includes numerous drills and exercises** designed to help the advanced player hone and improve techniques like shooting, passing, first touch, volley's, shielding and more. These exercises will challenge even the most accomplished players to perform, sharper, quicker and under greater pressure than ever before.



## Purchase the book

Rest of the World Shop:

<http://shop.soccertutor.com/Coaching-Advanced-Players-DVD-p/wcc-d4140.htm>

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**Diagrams were created using [www.SoccerTutor.com](http://www.SoccerTutor.com) Tactics Manager Software**

<http://www.soccertutor.com/tacticsmanager>