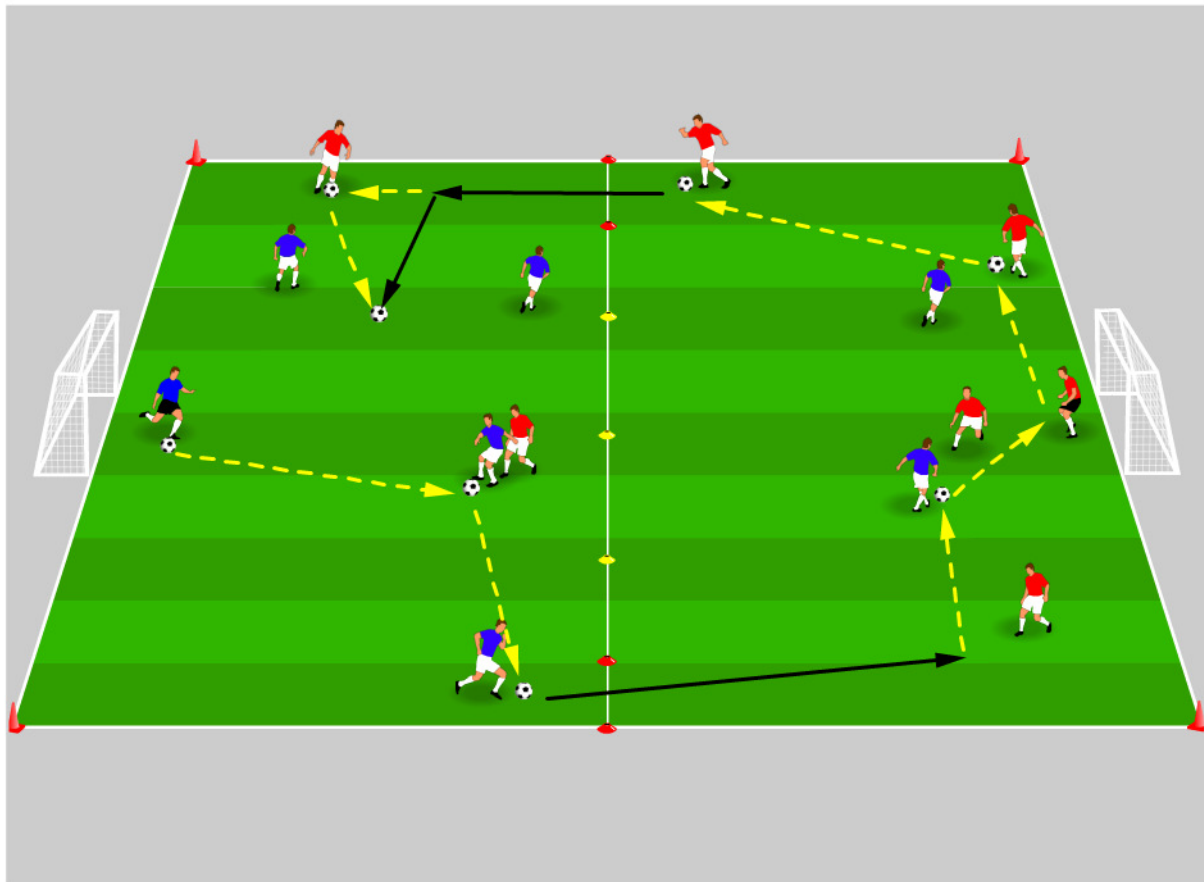


Coaching Mini Soccer Book - Wing Gates Game



Date:	6 Oct 2010	Measurement:	60 x 40 yards
Time:	.	Players:	14
Duration:	15 mins	Level/Age Group:	7-10 years

Description: In this tactical game the sides line up with a goalkeeper, four defenders and two attackers. The only way the ball can get from the defenders to the attackers is via a defender dribbling the ball across the half way line through one of the wide gates. The player can then join with the attackers to try and score before rejoining the defence.

Objective: To develop passing, support, wide play and finishing

Coaching Points:

1. The dribbling player needs to see around them so make sure they dont just look at the ball. Can they control the ball and look ahead of the ball.
2. Make sure the players use both feet and all parts to keep the ball under control.

End the session by removing the half way line and the gates. The players can now

Progression:

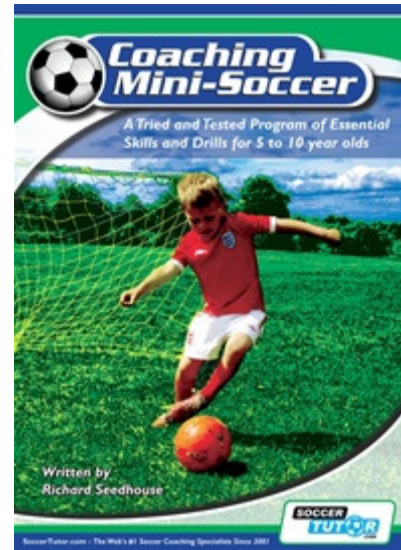
1. For Younger Players - Use wider gates.
2. Put the gate in a wide channel so no other players can tackle or get in the way.
3. For Older Players - Use smaller gates.

This Practice was taken from the Book -

“Coaching Mini Soccer - A Tried and Tested Program of Essential Skills and Drills for 5 to 10 year olds”

Coaching Mini Soccer (5 - 10 years) book contains a **complete and proven full season training program** comprising 12 main sessions and **over 70 interchangeable drills** to coach the skills required to produce academy standard players and teams.

FACT - eight players in the last three years **have been signed by professional clubs** through participation in this program. In its basic form the program can be used by grassroots youth clubs for coaching skills in their soccer academies, community soccer programs, after school, or by primary school teachers as a term based program.



As the players develop through the program and form Mini-Soccer teams the coach can draw on the programs tactical games to aid formations and small sided games to improve creativity, game awareness and problem solving.

Coaching Mini-Soccer is specifically written to be the only book any coach of players between 5 and 10 will ever need to provide proven training sessions every single week.

Buy your copy of the book

Rest of the World Shop:

<http://shop.soccertutor.com/Coaching-Mini-Soccer-Skills-Drills-for-5-10-year-p/st-b001.htm>

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