

# Connecting the Defence, Midfield and Attack in a Positional 9 v 9 Zonal Game



## Objective

This is a positional game that focuses on the inter-zonal connection between defence, midfield and attack and the finishing of the three attackers.

## Description

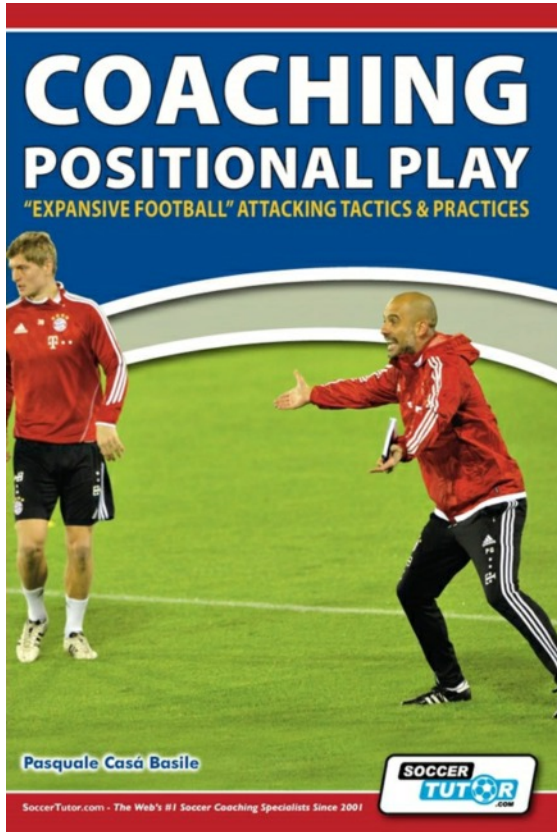
In a 55 x 75 yard area, we play a 9v9 game. This is a positional game where the team in possession should always play towards the goal and try to score.

Both teams have a goalkeeper, 2 centre backs (4 and 5), 2 attacking midfielders (8 and 10), 1 defensive midfielder (6), 2 wingers (7 and 11) and 1 striker (9) using a 2-3-3 formation.

We mark out a central zone with cones as shown where there is a 3v3 situation. The first aim is for one of the centre backs to dribble the ball into the central zone giving them a 4v3 advantage to combine and attack through the centre.

In the attacking zone for the team in possession there is a 3v2 advantage. The aim is to pass the ball to a winger or the striker and using their 3v2 advantage they try to score in the goal past the goalkeeper.

**Learn How to Effectively Coach Positional play  
with the Spanish game model of "Expansive Football"**



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