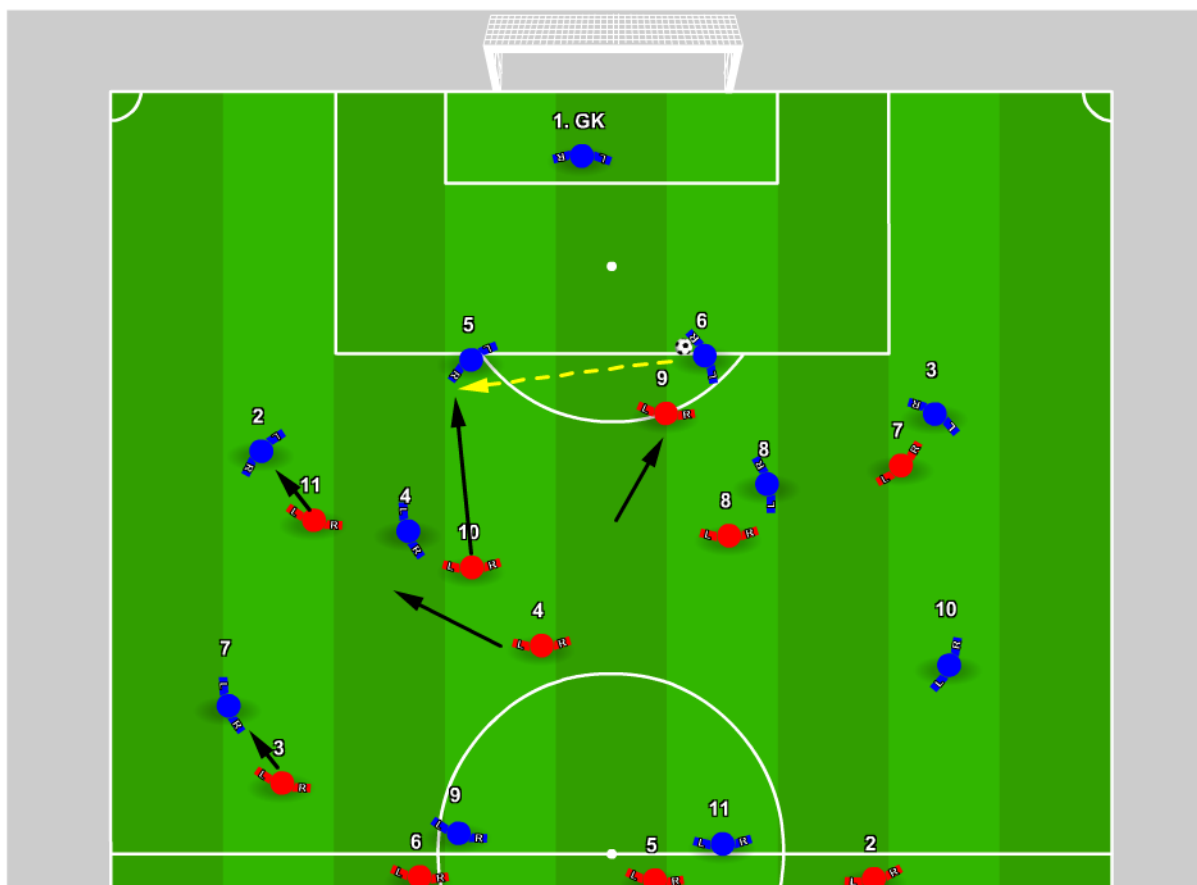


Coaching the 4-3-3 Massimo Luchessi - Pressing against the 4-4-2



Date: 11 Jan 2011

Measurement: Half Pitch

Time: -

Players: 16-22

Duration: -

Level/Age Group: U15+

Description: Attacking players and midfielders positioning and movements to create pressure. In cases against the a team playing 4-4-2, the movements to create pressure can be ones shown in the diagram. The wide forwards stay wide on the defenders and its the inside midfielder who must step up and put pressue on the opponent in possession as the centre midfielder goes to close off the opponent left free by the N.10

Objective: To improve player 4-3-3 defensive positioning and movements when back 4 defender 4-4-2 opposition have the ball.

Coaching Points:

Progression: See Coaching the 4-3-3 Book by Massimo Luchessi for more...

This Practice was taken from

Coaching the 4-3-3 Book

by Massimo Luchessi

A detailed tactical overview and analysis of the popular 4-3-3 system of play. This book is your guide to implementing the 4-3-3, from selecting your players through coaching and teaching every phase of play. Also includes several game situation exercises and attacking schemes to reinforce the concepts.
EXCELLENT.



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