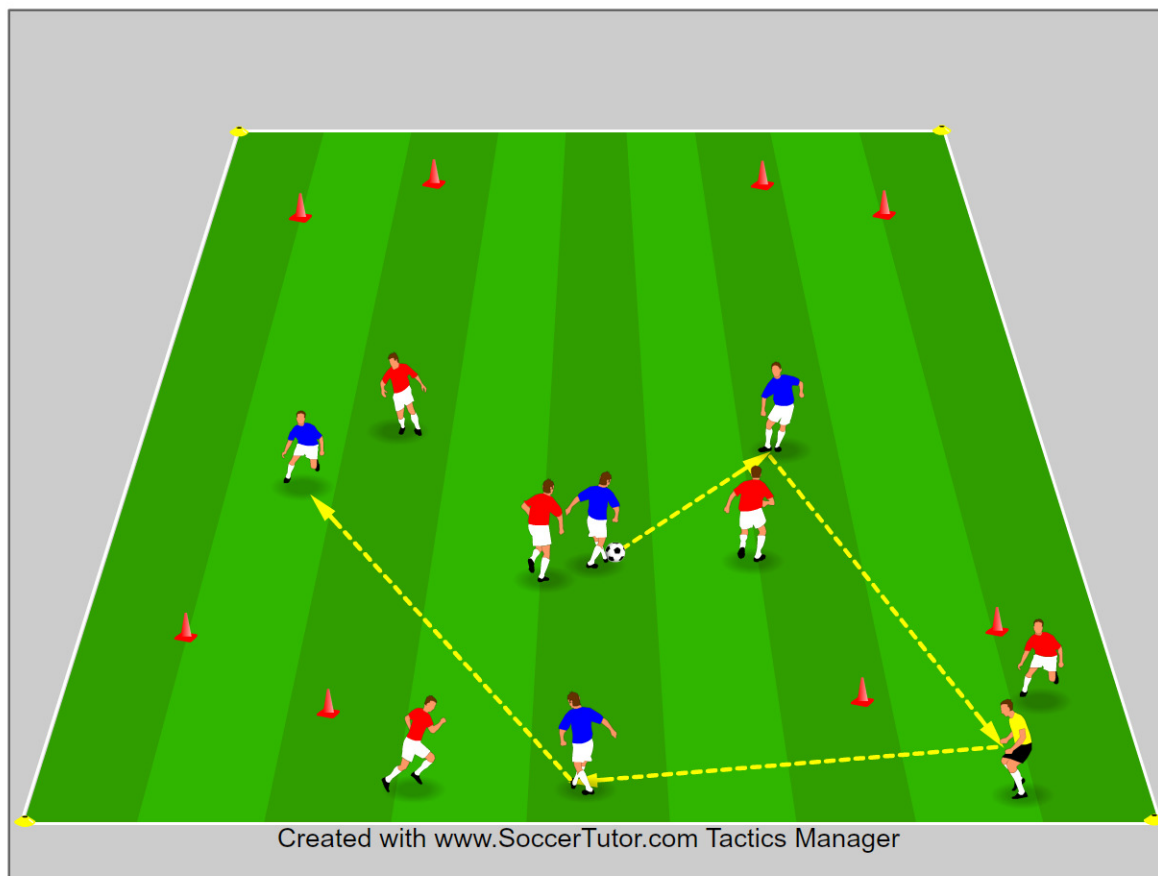


Coerver Coaching Possession 5 v 5 Game



Date:	6/Aug/2012	Measurement:	40 x 40 Yards
Time:	N/A:N/A	Players:	10
Duration:	N/A	Level/Age Group:	U11 - 18+

Description: Within an area of 40 x 40, 4 gates are positioned at each quarter. Two teams of 5 v 5 play against each other and try to keep possession. The main aim is to score a goal by passing the ball through a choice of any of the 4 gates directly to a team-mate.

The team playing with a goalkeeper; the GK can use his hands but must pass the ball to a teammate within 3 seconds.

Objective: To develop ball possession and quick play.

Coaching Points:

1. Movement to create space by losing your marker to receive the pass.
2. Angle of support of players
3. Encourage players to receive passes half-turned. This enables players to develop their awareness which allows for quicker and better decision making.
4. If a gate is not on, quickly switch the play to another.

Progression:

1. Must get a wall pass through the gate. i.e. if passing through the gate, the player receiving must play it back to the passing player to score.

Coerver Coaching "Make Your Move"

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This **5 DVD set runs over 4.5 hours**, packed with practices including; Change of direction skills

- Stop and start moves
- Feints
- Technical drills
- Speed drills
- 1v1's
- Skill drills
- Passing and receiving drills
- Finishing drills
- Group play drills
- Possession and fast break attack games



Runtime: 4.5 Hours

Region: PAL-Region Free, works on Region Free DVD players, PC's and MAC's

Age Group suitable for: from age U6+.

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<http://www.soccertutor.com/tacticsmanager>