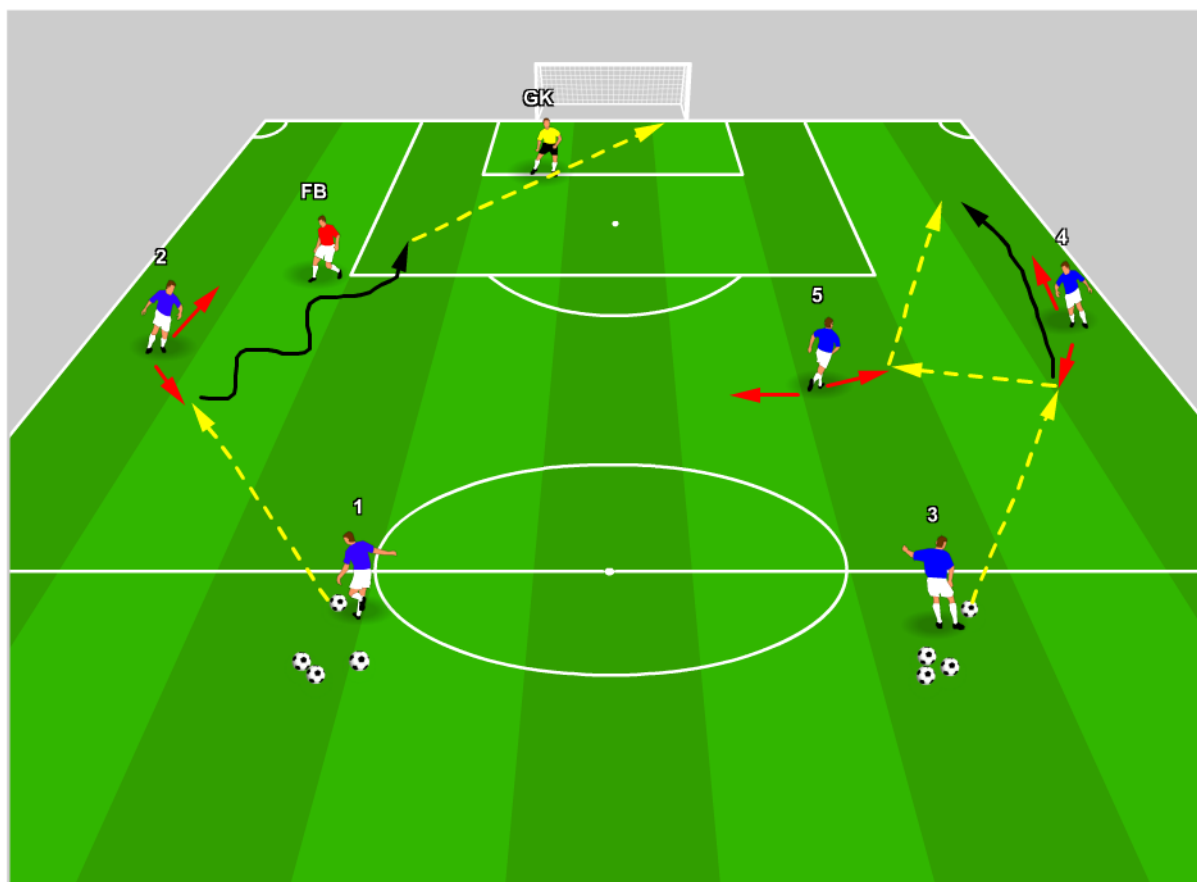


Dutch Academy Wing Play - Technical Practices of the Pros Book



Date: 1 March 2011

Measurement: Half Pitch

Time: -

Players: 7+

Duration: -

Level/Age Group: U11+

Description: Player 1 passes to player 2 who must check away long before coming short to meet the ball. Player 2 beats the right full back and shoots on goal.

On the other side of the field, player 3 passes to player 4 who must check away long before coming short to meet the ball. Player 4 then passes one touch inside to player 5 who passes the ball deep in front of player 4.

Objective: To develop wing play involving passing combination, movement, dribbling and finishing.

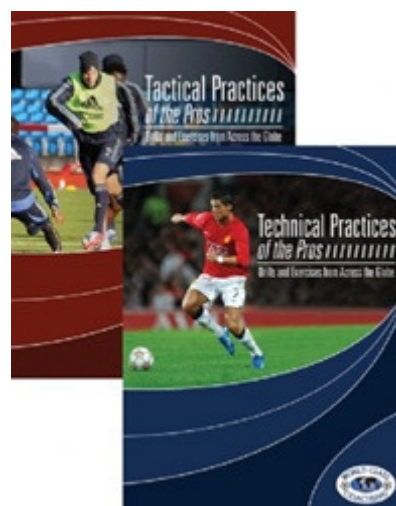
Coaching Points:

1. The fake movement should happen in combination with eye-contact and good pace on the ball.
2. When receiving the ball open body out on half-turn
3. Be positive when dribbling and finishing

Progression: 1. Player 1 passes the ball through to player 2 in space after he checks away to go long and then short and then goes long again.

This Practice was taken from the Book - “Technical Practices of the Pros” Part of a 2-Book Set

This two book set contains practices that focus on techniques, tactics and systems of play from top professional teams and their **Academies like Manchester United, Chelsea, West Ham United, America F.C. - Brazil, Aston Villa, Everton F.C., Bordeaux - France, VVV-Venlo - Holland, Inter Milan, River Plate, F.C. Porto, Aston Villa F.C Valencia C.F.** and more..



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