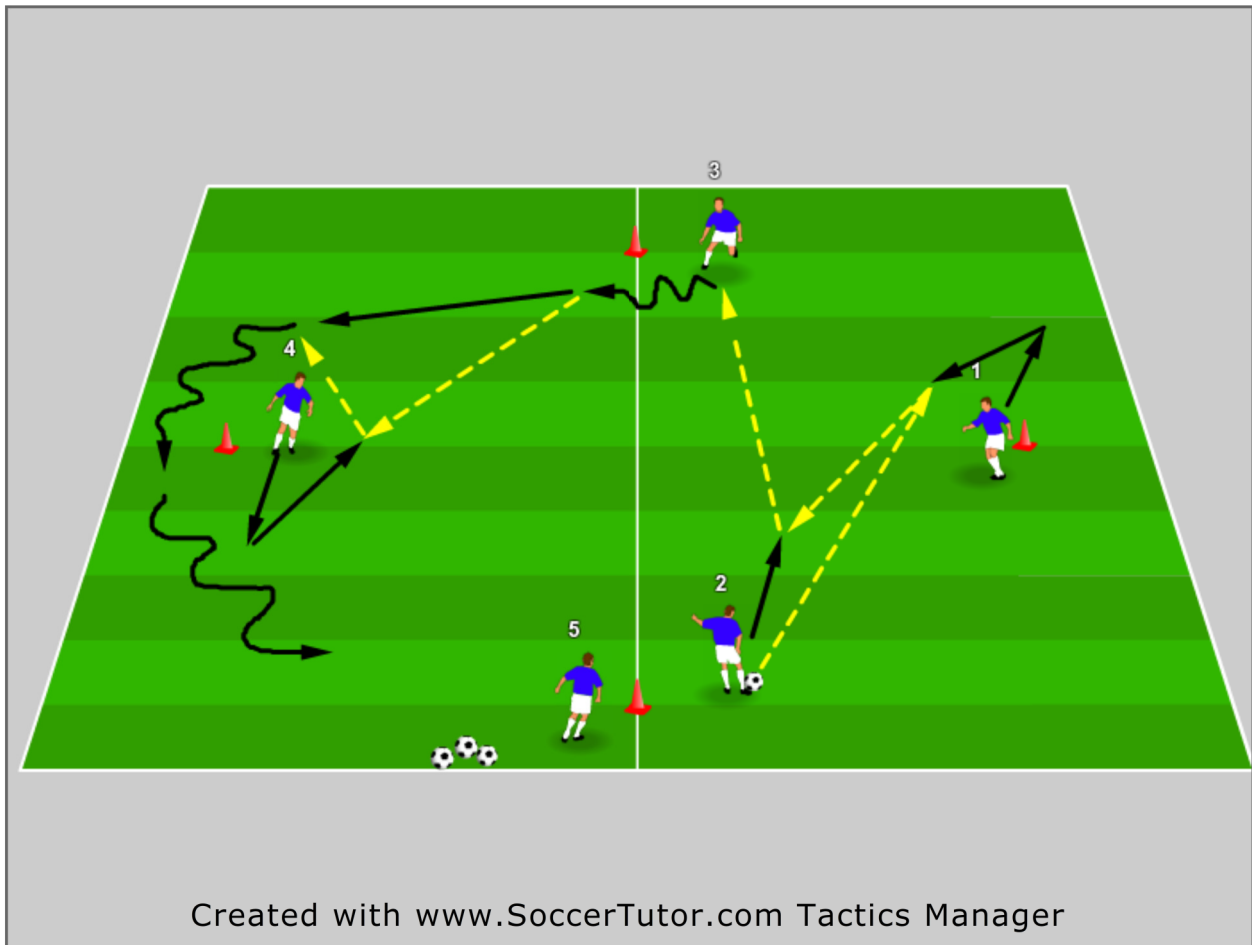


Dutch Passing Sequence and Speed of Play



Date: 7/Jul/2011 **Measurement:** 30 x 30 Yards
Time: N/A : N/A **Players:** 5
Duration: N/A **Level/Age Group:** U11 – U14 (Intermediate)

Description: Player 1 checks away from and back to the ball. Player 2 passes into player 1's feet. Player 1 lays the ball off to Player 2, who passes to the far end of the diamond, player 3, who completes a one-two with Player 4 before checking away to create space. Player 3 ends up at the starting cone. Player 1 takes 3's position. Player 2 takes 1's position. Player 4 should be rotated after 5 attempts.

Objective: To improve, passing, possession, support and quick play.

Coaching Points:

1. Timing - Perform at speed with minimal touches where possible.
2. Check runs should be made early to add to the rhythm of the sequence.
3. Attention to the technical detail. Every pass and receiving touch affects the speed at which the group can play.

Progression: For 11 more progressions and variations, refer to WCC Online Magazine JULY 2011 Issue from www.SoccerTutor.com.



Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

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Diagrams were created using www.Soccertutor.com Tactics Manager Software
<http://www.soccertutor.com/tacticsmanager>