PROGRESSION

2. Passing Combination with a Third Man Run in a 6 (+5) v 6 End to End Possession Game

Description

In a 30 x 65 yard area, there is a blue zone (30 x 20 yards) which is divided into 2 equal high and low sections. A neutral player (9) is positioned in the high one and there are 2 neutral players (midfielders) in the low one who play as outside players. There is also one neutral player inside each end zone.

The practice starts with the yellows in the first zone who play 3 (+1 neutral and 2 outside players) v 3 red players. The yellows complete 3 passes before passing to the neutral No.9. As soon as a player can pass forward, No.9 drops back into the low blue zone and the 2 neutrals move forward.

No.9 plays a first time pass into the high blue zone for either No.10 or 11 and they pass to a teammate in the far zone. The 2 neutral attacking midfielders (10 and 11) stay in the high blue zone to provide support to the team in possession. If the reds win possession, they have the same aim.

Restrictions

1. During the passing combination the ball must be received within the high blue zone.
2. Outside players have 1 touch when supporting, but can play freely after the passing combination.
Learn Klopp's 4-2-3-1 System of Play, Tactics, Each Player’s Responsibilities, Positioning & Movement With Every Possible Phase of Play…

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