

ATTACKING TACTICAL SITUATION 10

Receiving in Behind the Midfield Line and Approaching the Third Stage of Attack

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ANALYSIS



RECEIVING IN BEHIND THE MIDFIELD LINE AND APPROACHING THE THIRD STAGE OF ATTACK



Analysis

Barcelona could approach the third stage of attack when the forwards or the midfielders had the opportunity to receive in the space behind the opposition's midfielders unmarked.

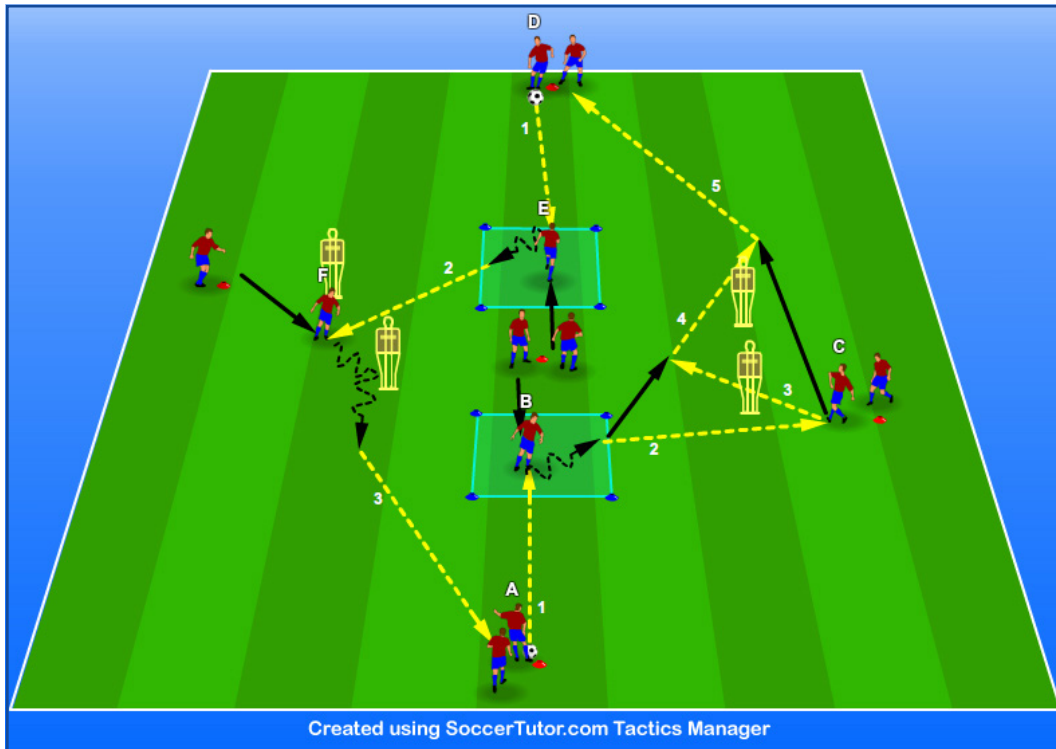
When this situation occurred, Barcelona's players could turn towards the opposition's goal and play a final pass (in behind the defensive line).

In this example, No.16 receives the ball in the middle of the pitch with the correct body shape (facing the opposition goal) and has 3 passing options which can all then lead to the third stage of attack and with a final pass.

SESSION FOR THIS TACTICAL SITUATION

(6 PRACTICES)

1. Receive, Turn and Pass in Limited Space



Objective

We train the players to turn and pass with limited space and time.

Description

In an area 40 x 40 yards we run a drill with 2 balls, working on turning within a limited space, using 2 different passing patterns.

Player A passes to B as soon as he has made a movement towards the blue area. B turns within the blue area and passes to C. Player C and B play a double 1-2 and the ball ends up at the other end.

At the same time on the other side, Player D passes to E who turns within the blue area and passes to F who makes a well timed run behind the first mannequin. Player F receives and dribbles the ball towards the second mannequin and performs a feint/change of direction. He then passes to the other side.

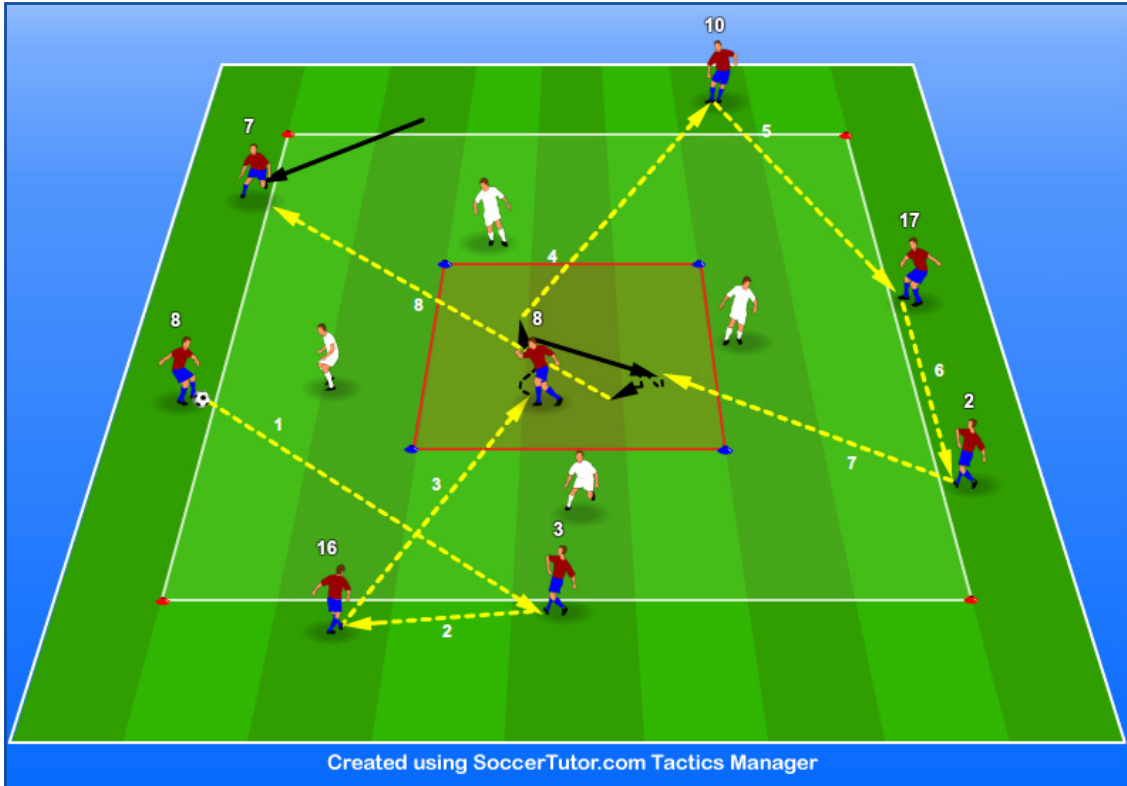
The first and last passes should be as close to being at the same time as possible. The size of the blue area will depend on the level of the players.

Coaching Points

1. When the players are turning, they should use soft touches to keep the ball close to their feet.
2. Passes should be accurate and well timed with the movements/runs of the player receiving.

PROGRESSION

2. Receive, Turn, Pass and Switch Play Possession Game



Objective

We train the players to turn and pass in limited space and time with switching play.

Description

In an area 30 x 30 yards, there is an 8v4 situation. 7 red players take up positions outside of the playing area and 1 red player is positioned inside a smaller centre square. The red players (in possession) aim to retain the ball and find a way to pass the ball to the player inside the red area.

The player inside has to turn and pass using only 2 touches.

The outside players can move from side to side in order to find an available passing lane to pass the ball to the player inside. The red players score a point if they complete 15 consecutive passes or if they manage to pass twice to the player inside and he switches play successfully.

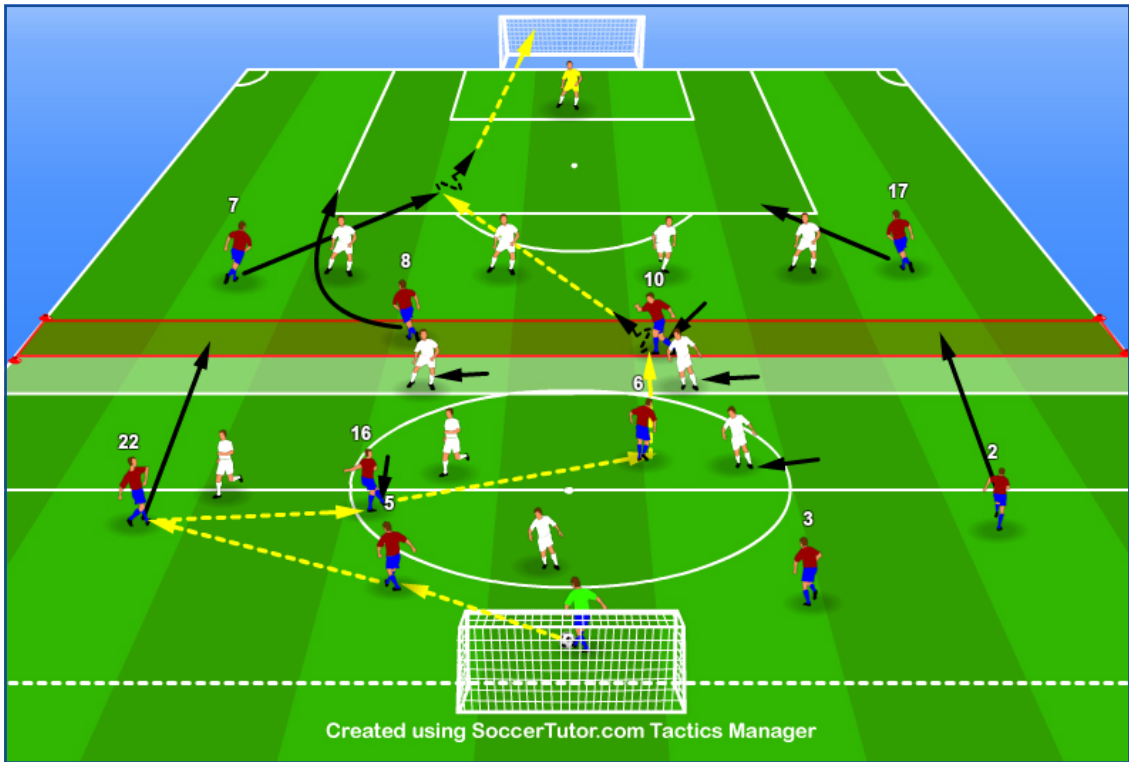
The white players are not allowed to enter the red area at any time. They switch positions with 4 of the red players every 2 minutes.

Coaching Points

1. The players should be constantly moving towards the available passing options.
2. Emphasis the importance of quality in passing and turning.

PROGRESSION

6. Passing Through the Midfield Line 'Receiving Zone' Game



Objective

We work on turning, passing and approaching the third stage of attack.

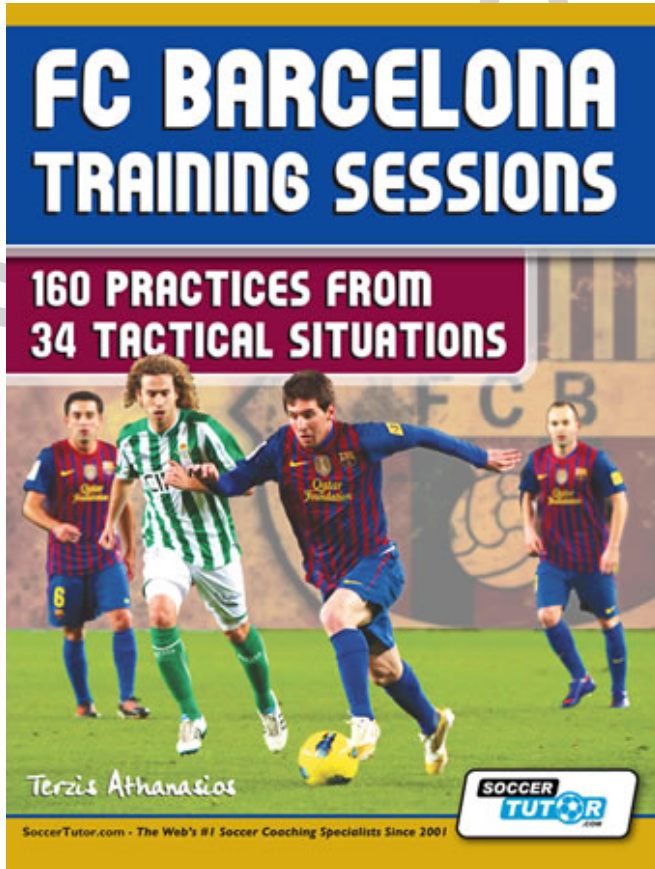
Description

Using 2/3 of a full pitch with 2 zones 10 yards in length, we play 11v11. There is a 6v4 situation in favour of the reds in the low zone and a 4v4 situation in the high zone.

The red players inside the high zone can drop back inside the red zone and receive without marking (the white players are not allowed in this zone). The red team's aim is to move the ball to the players who drops back inside the red zone and then try to score.

The red player who receives the pass inside the red area must use 2 touches and pass within the area. He can pass in behind the opposition's defence (or in front of it if there is no potential passing lane for a through ball).

The 2 white defensive midfielders are positioned inside the white zone and try to intercept the through passes. However, as soon as the ball has moved into the high zone or the whites win the ball at any time, everyone can then move freely across all zones. The white team aim to win the ball and score (counter attack).



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