

ATTACKING TACTICAL SITUATION 10

Receiving in Behind the Midfield Line and Approaching the Third Stage of Attack

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ANALYSIS



RECEIVING IN BEHIND THE MIDFIELD LINE AND APPROACHING THE THIRD STAGE OF ATTACK



Analysis

Barcelona could approach the third stage of attack when the forwards or the midfielders had the opportunity to receive in the space behind the opposition's midfielders unmarked.

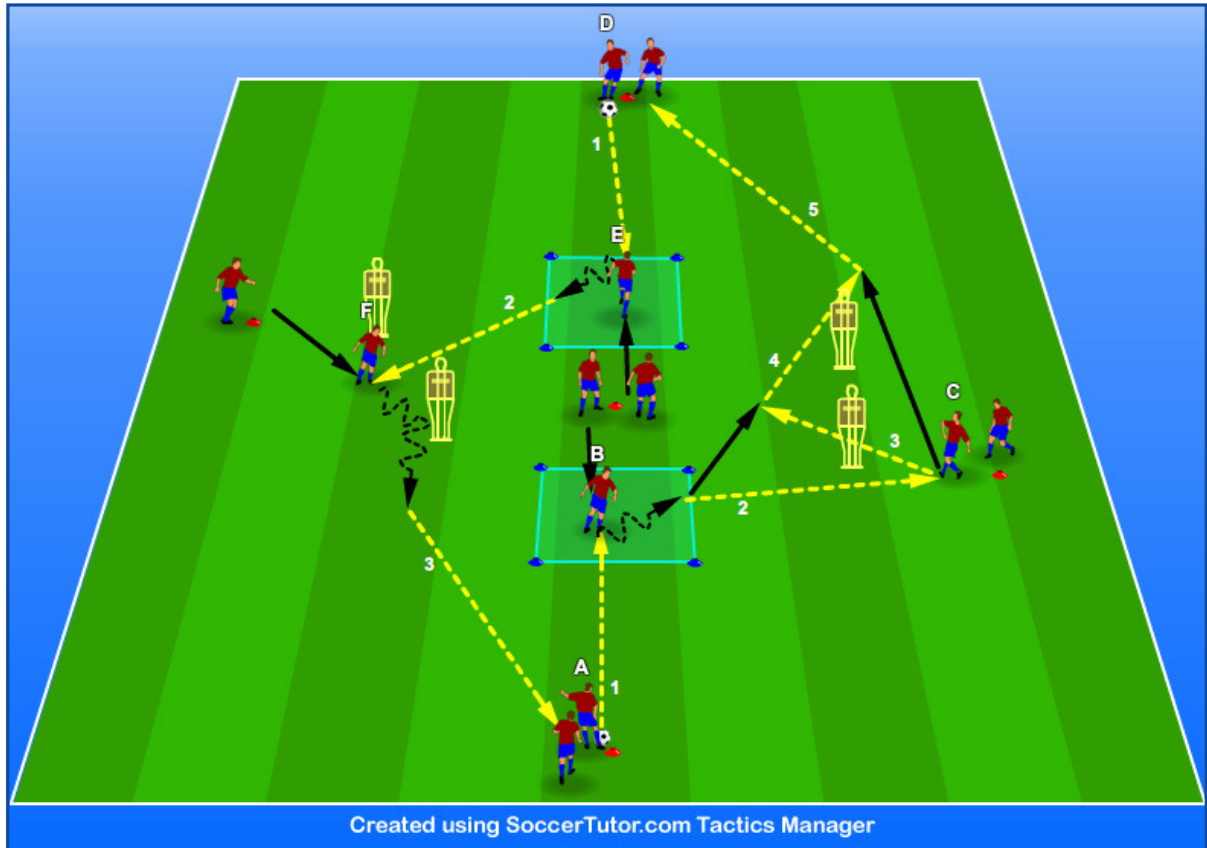
When this situation occurred, Barcelona's players could turn towards the opposition's goal and play a final pass (in behind the defensive line).

In this example, No.16 receives the ball in the middle of the pitch with the correct body shape (facing the opposition goal) and has 3 passing options which can all then lead to the third stage of attack and with a final pass.

SESSION FOR THIS TACTICAL SITUATION

(6 PRACTICES)

1. Receive, Turn and Pass in Limited Space



Objective

We train the players to turn and pass with limited space and time.

Description

In an area 40 x 40 yards we run a drill with 2 balls, working on turning within a limited space, using 2 different passing patterns.

Player A passes to B as soon as he has made a movement towards the blue area. B turns within the blue area and passes to C. Player C and B play a double 1-2 and the ball ends up at the other end.

At the same time on the other side, Player D passes to E who turns within the blue area and passes to F who makes a well timed run behind the first mannequin. Player F receives and dribbles the ball towards the second mannequin and performs a feint/change of direction. He then passes to the other side.

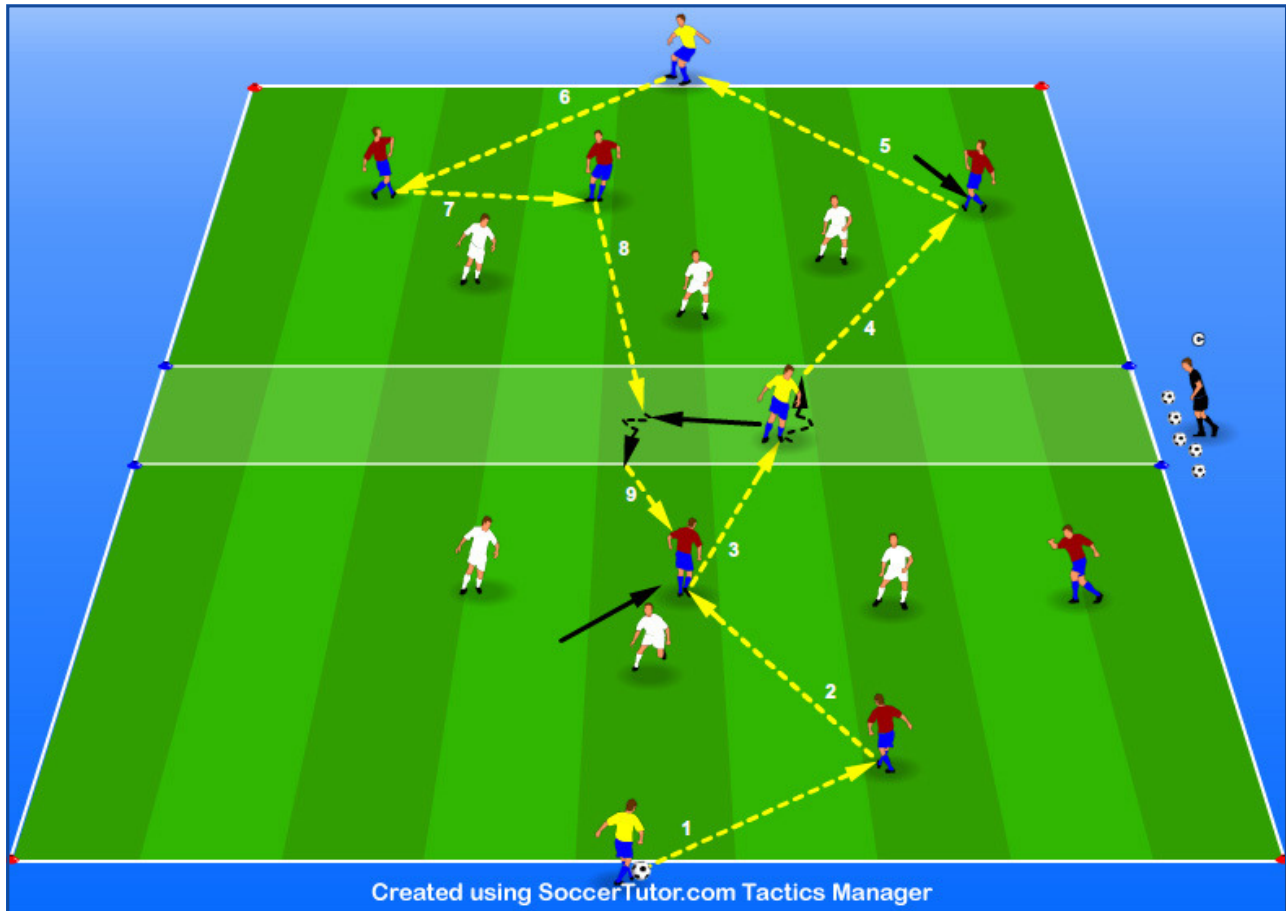
The first and last passes should be as close to being at the same time as possible. The size of the blue area will depend on the level of the players.

Coaching Points

1. When the players are turning, they should use soft touches to keep the ball close to their feet.
2. Passes should be accurate and well timed with the movements/runs of the player receiving.

PROGRESSION

3. Receive, Turn and Pass 3 Zone Switching Play Game



Objective

We work on switching play by turning, passing and retaining possession.

Description

We play a 3 zone game in an area 30 x 30 yards (with a 7 x 30 yard central zone). There is a 3v3 situation inside the 2 end zones, 1 neutral player inside the central zone and 2 neutral players outside of the playing area (at the ends).

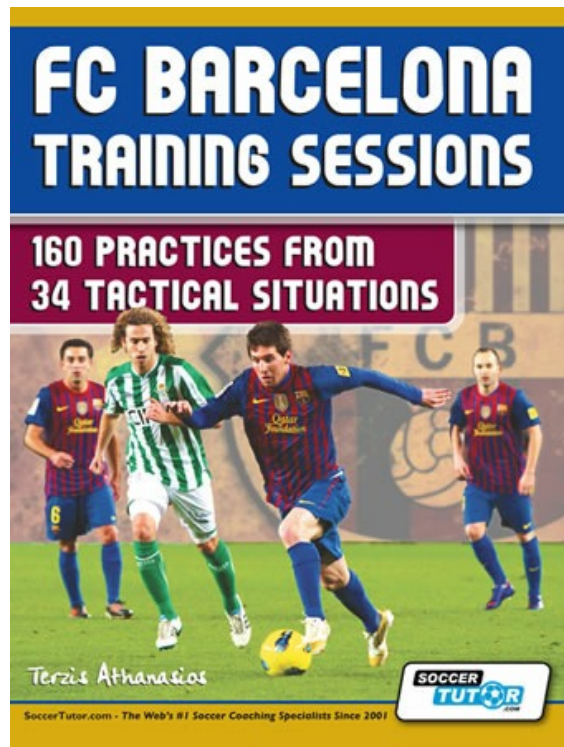
The red's aim to retain possession and find a way to pass the ball to the neutral player inside the central zone. This player should then turn and pass to a red player on the other side. The red players on the other side have to pass the ball to the neutral outside before passing back to the neutral inside.

A player can pass the ball more than once to the neutral outside in order to retain possession. The roles switch in 2 ways; the team in possession only have 20 seconds to pass the ball to the neutral inside or the coach plays a ball in to the other team or if the defending team win the ball, they carry on with the roles switched.

The outside neutral players use 1 touch or pass within 3 seconds of receiving. The neutral player inside the central zone use 2 touches, as do the team in possession.

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