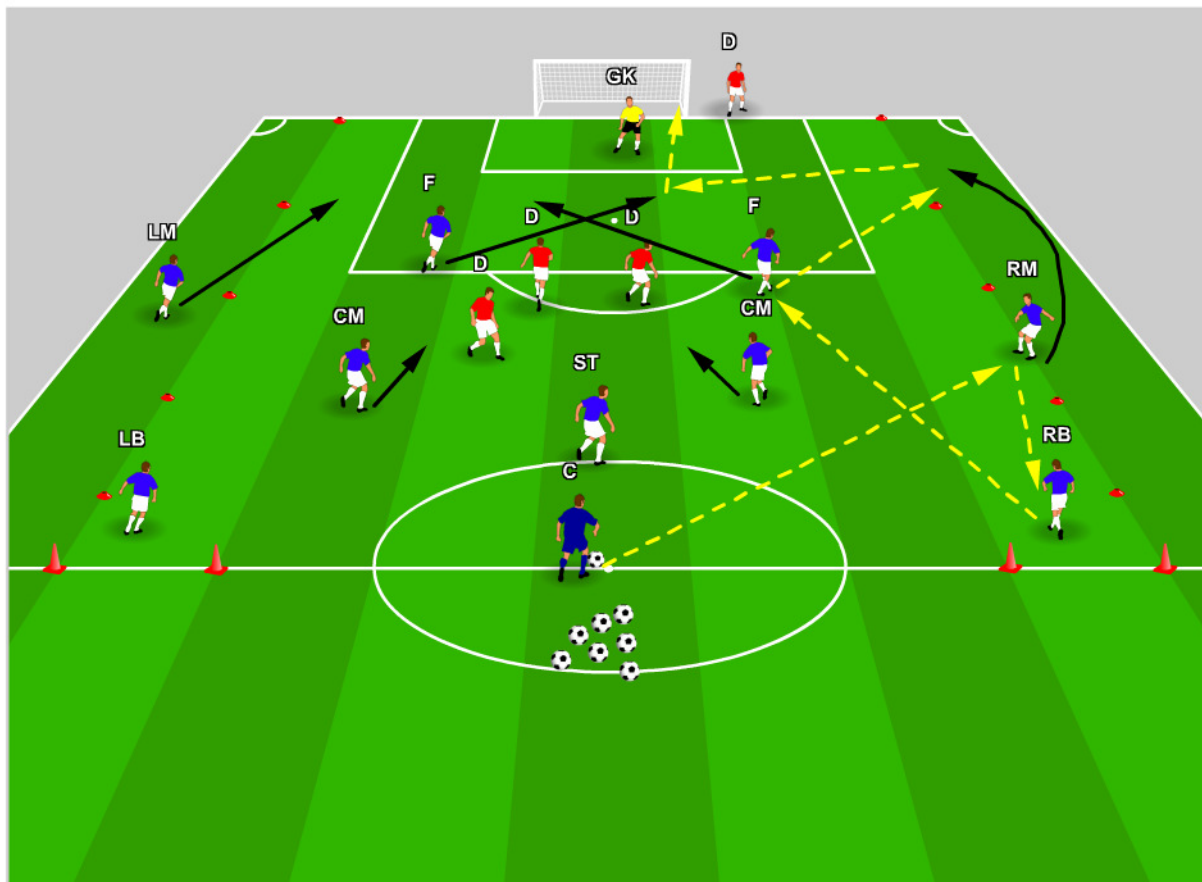


## Finishing from Crosses in a Functional Practice



<b>Date:</b>	30 Mar 2011	<b>Measurement:</b>	Half pitch
<b>Time:</b>	-	<b>Players:</b>	15
<b>Duration:</b>	-	<b>Level/Age Group:</b>	U12+

**Description:** The Coach begins each phase of play by passing to ANY player of the attacking team. The pitch is split into 3 zones. Only the LM and LB can enter the left wing zone and same with RM and RB for right wing zone. 4 Defenders play in the central zone and attempt to close down the 5 attackers. If they win the ball they can score through the 2 counter goals positioned on the half-way line. Encourage players to use the unopposed wing zones. Goals can only be scored from a cross - directly or indirectly.

**Objective:** To develop, passing, combination player, attacking from wide areas and finishing from crosses.

**Coaching Points:**

1. Observe the build up play and efficiency of movement.
2. Open up body to see the WHOLE PICTURE, all players..
3. Players should create space before receiving the ball.
4. Good timing of runs is CRUCIAL - Not too early or late

**Progression:**

1. Add additional central defender to mark the opposing two forwards.
2. Allow goals to be scored from open play - any zone but if scored from wing zones, goals count as 2.

# This Drill was taken from Modern Attacking & Goalscoring Book

***Modern Attacking and Goalscoring*** includes more than 100 drills, exercises and small sided games to train your players to create and finish more scoring opportunities.

Each one includes a detailed diagram and a complete description. The descriptions contain the organization, coaching points as well as progressions that you can use to push your players to the next level.

***By Phil Roscoe, Liverpool Academy Coach and Mike Vincent.***



## **Purchase the Book**

Rest of the World Shop:

<http://shop.soccertutor.com/Modern-Attacking-and-Goalscoring-Book-p/wcc-b1099.htm>

US and Canadian Shop:

<http://shopusa.soccertutor.com/Modern-Attacking-and-Goalscoring-Book-p/wcc-b1099.htm>

**Diagrams were created using [www.SoccerTutor.com](http://www.SoccerTutor.com) Tactics Manager Software**

<http://www.soccertutor.com/tacticsmanager>