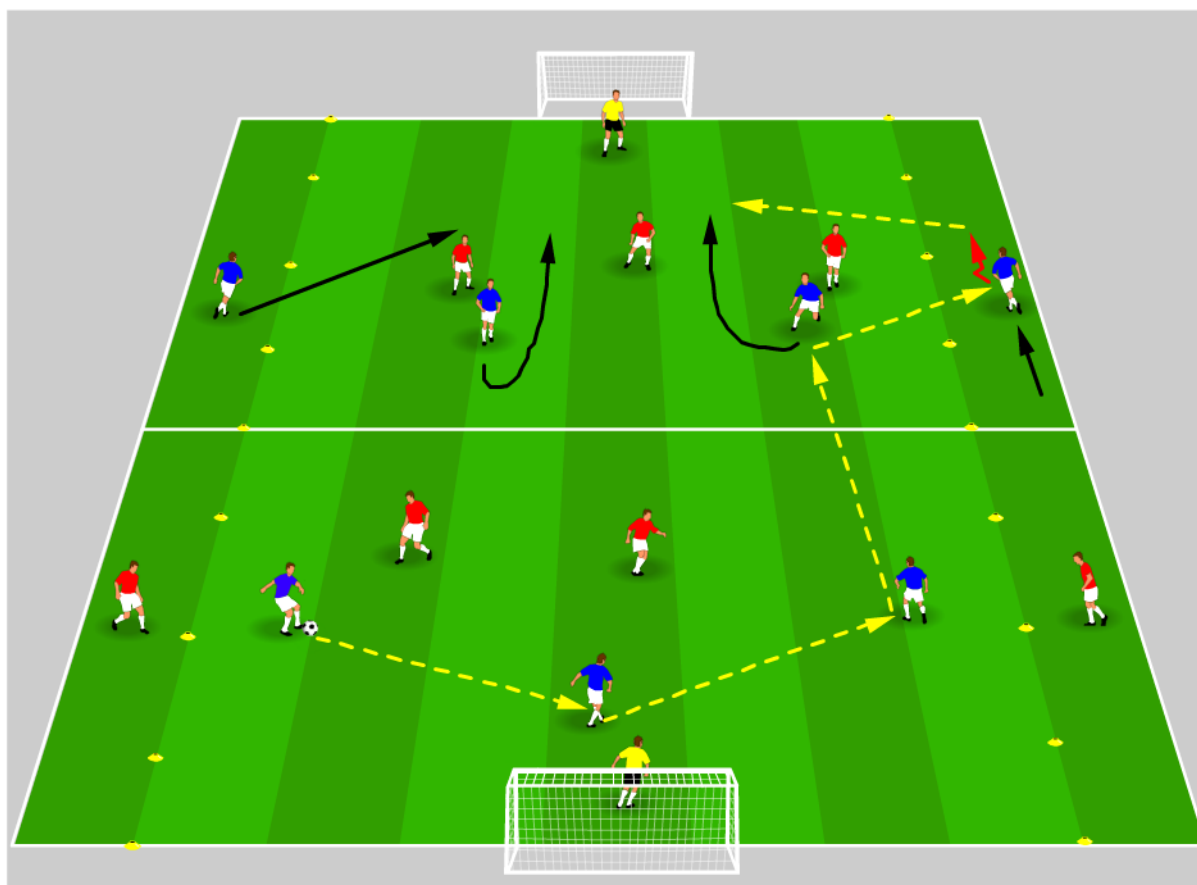


Wingers Game - Crossing and Finishing



Date: 25 Aug 2010

Measurement: Half pitch

Time: -

Players: 16

Duration: -

Level/Age Group: 12+

Description: Play 3v2 in each half. 4 wide players in the channels, two playing in the attacking half for each side. The objective is to play the ball from the back, where the 3 defenders should have comfortable possession against the 2 attackers, to a striker who passes wide to the unmarked winger. The cross is delivered to the 2 strikers, who, at the discretion of the coach can be supported by one player breaking from the back zone as well as the opposite winger, who, at this point, can come into the central area.

Objective: To improve build up play, crossing and finishing. Taken from the book - COACHING SOCCER THROUGH SMALL SIDED GAMES - 105 SSGs - By Craig Brown

Coaching Points:

1. Whenever a goal is scored or when the move breaks down, the players or GK play the ball wide to the unchallenged winger without it first going to one of the front two players.
2. Emphasis should be placed on the type of crosses and the movement of the two forwards.

Progression:

This Finishing Practice was taken from the Book - "Coaching Soccer Through 105 Small Sided Games"

Coaching Soccer through Small-Sided Games contains 101 games that incorporate a wide range of topics including: **Passing and Possession, Shooting, Crossing and Finishing, Defending, Half Field Games and Full Field Games.** Small-sided games are a great way to focus on these topics in a game-like situation. Another benefit of incorporating small-sided games into your training sessions is that players enjoy them.

Many of the small-sided games in this book are taken from the last 10 years of the WORLD CLASS COACHING magazine and are from the training sessions of some of the world's top teams and coaches including: Manchester United, Real Madrid, AC Milan, Juventus, Liverpool and more.



Buy your copy of the book

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