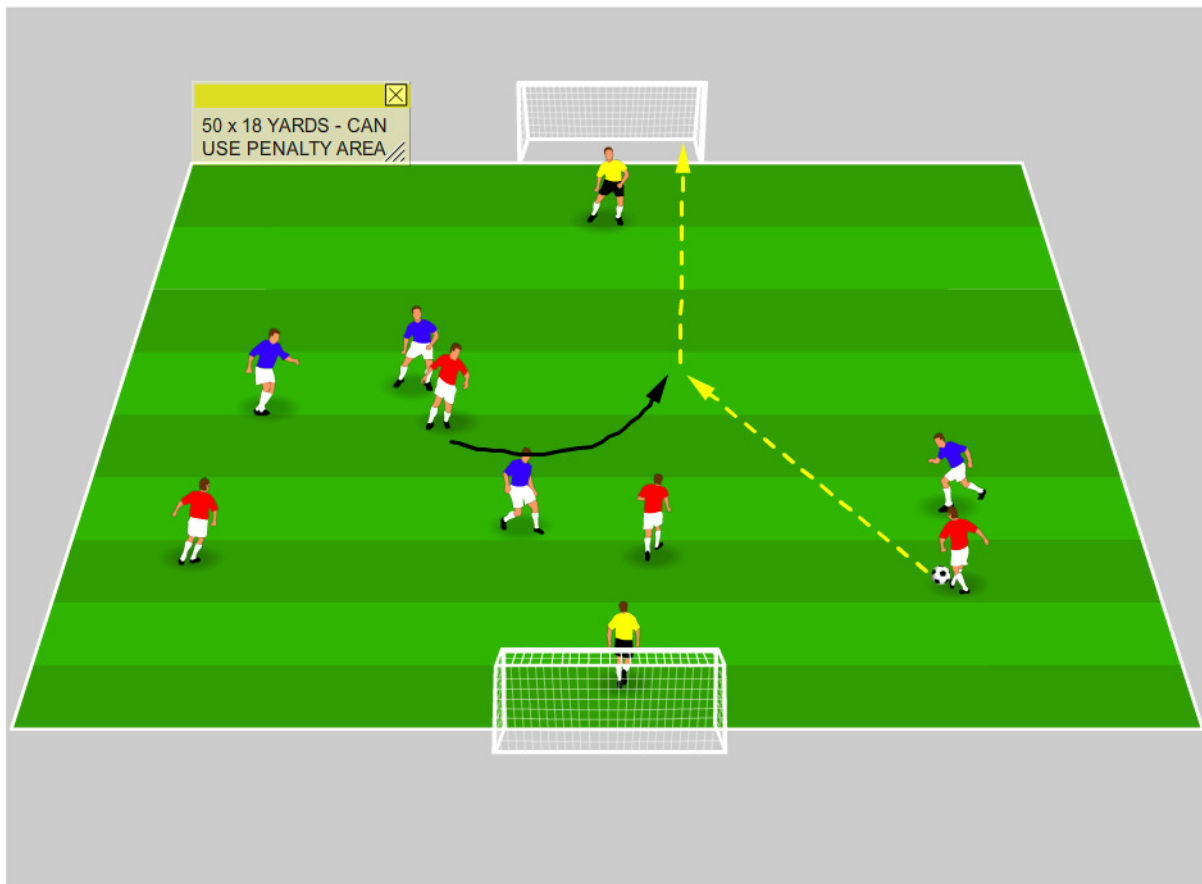


Short and Sharp Finishing in the Box



Date:	25 Aug 2010	Measurement:	50 x 18yds or 18 yrd box
Time:	-	Players:	10
Duration:	-	Level/Age Group:	8+
Description:	Simple SSG - 4v4 with 2 GKs with the aim of quick one and two touch and finish		

Objective: To develop quick finishing in the box - Taken from the book - GAME SITUATION TRAINING FOR SOCCER - THEMED SMALL SIDED GAMES by Wayne Harrision

Coaching Points: 1. Quality of passing - Weight, timing and angle of pass 2. Positioning and Crossing Technique - Creating width to cross 3. Balance in attack - near post, far post and middle. Positioning from crosses, timing of runs, late and fast. Changing of positions to move defenders, angle of runs and contact on the ball. 4. Finishing Technique - One touch if possible. 5. Anticipation of rebounds

Progression:

This Finishing Practice was taken from the Book - “Game Situation Training for Soccer – Themed Small Sided Games”

by Wayne Harrison

Outstanding small sided games and exercises to prepare players for the situations that arise in the match. Includes practices for: Possession, Shooting and Finishing, Transition, Heading, Defending and Crossing.



Buy your copy of the book

Rest of the World Shop:

<http://shop.soccertutor.com/Game-Situation-Training-for-Soccer-p/b968.htm>

US and Canadian Shop:

<http://shopusa.soccertutor.com/Game-Situation-Training-for-Soccer-p/b968.htm>

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