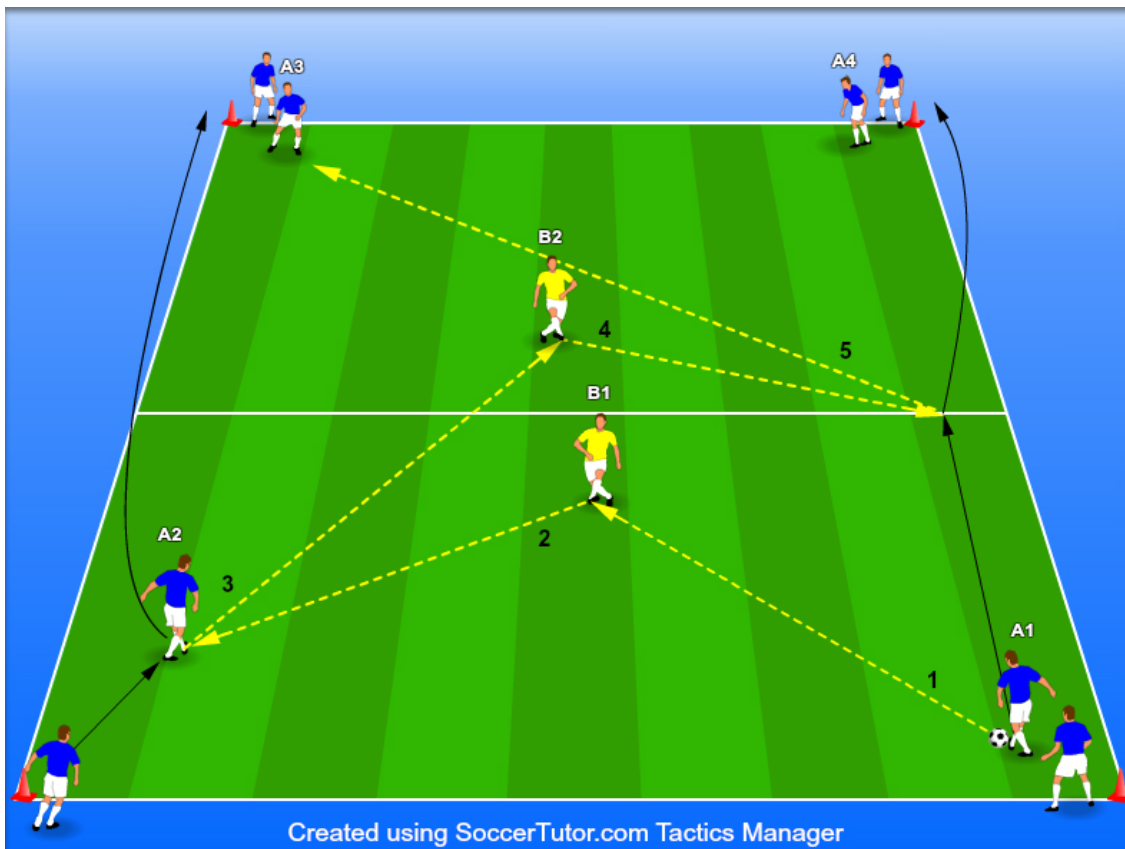




Guus Hiddink - Quick Passing and Combination Play



Date:	23/Jul/2012	Measurement:	20 x 40 Yards
Time:	N/A:N/A	Players:	14
Duration:	N/A	Level:	U11 - 18+

Objective: Improves technique of passing, receiving and combination play.

Description: In an area of 40 x 20 yards we have 14 players using diagonal passing combinations.

The ball starts with the A1 who passes to B1 in the middle. B1 lays the ball off to A2 as he comes off the cone and he passes to B2. B2 lays the ball off to A1 who has timed his run. Finally, A1 passes to the opposite corner to complete the sequence. A1 and A2 run to the end and join the queue behind the cones as shown. A3 starts the the same combination again.

Coaching Points:

1. Players should be moving forwards when receiving the ball to increase the speed of play.
2. Coach the open body shape - half turned and receive / pass with the back foot.
3. Make sure the players legs are flexible when receiving / passing to improve technique.
4. Runs need to be timed well and should be done at pace.
5. The players and middle men need to keep eye contact with each other throughout exercise.

Progression:

1. Use 2 balls with the play starting at the same time from A1 and A3.
2. For 4 more progressions of this same drill and many others, refer to DVD: TRAINING SESSIONS OF THE TOP DUTCH COACHES VOL.1