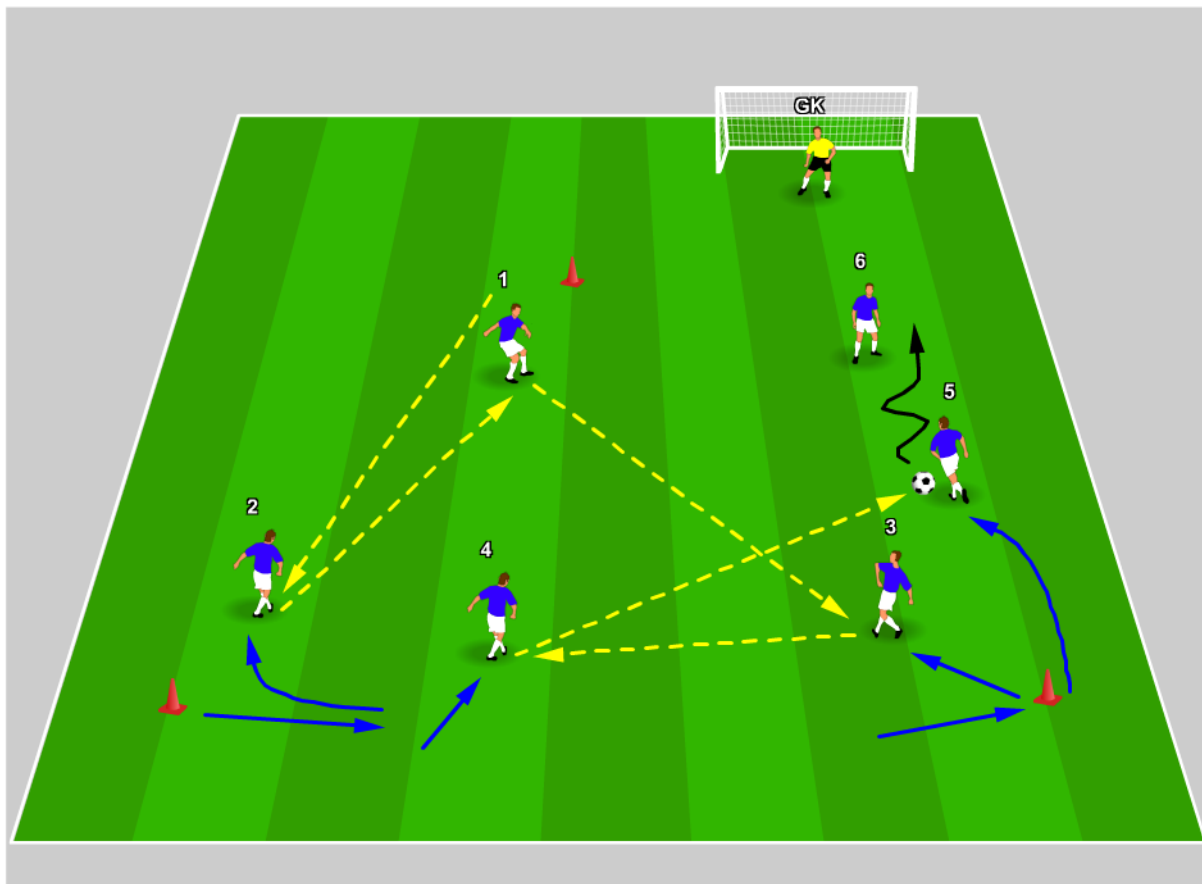


Modern Combination Play Book Drill

**Date:** 21 Oct 09**Measurement:** 20 x 30**Time:** .**Players:** 7**Duration:** .**Level/Age Group:** U11+

Description: 2 checks off 3 and receives a pass from 1. 2 plays the back one-touch to 1. 1 passes to 3 who sets up 4. 4 passes to 5. 4 becomes a passive defender. 5 runs at speed, beats 4 and shoots on goal. Move around to the player you past to last.

Objective: To develop passing, combination play and speed of play.

Coaching Points: 1. Players communication. 2. 2 checking off defender 3. 3. 1 and 2 weight and accuracy of pass. 4. 4s movement, weight and accuracy of the pass. 5s timing of run and acceleration with the ball.

Progression: Get an overlap - i.e. player 3 overlaps 5.

Notes: