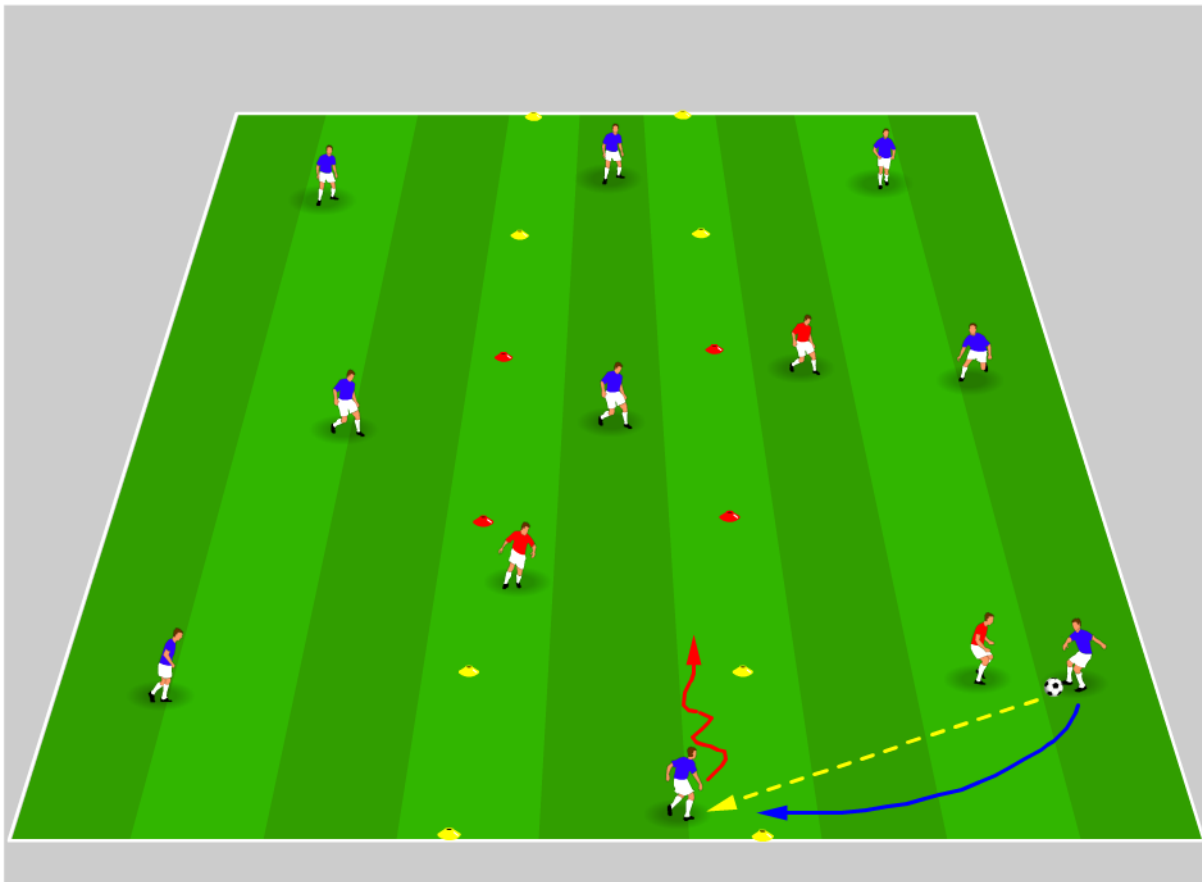


Newcastle United FC - Passing and Receiving SSG



Date:	9 Nov 09	Measurement:	40 x 30 yds.
Time:	.	Players:	2
Duration:	.	Level/Age Group:	11+

Description: 9v3 possession game is played with 2 end zones and a centre zone. The 3 defenders are not allowed inside the 3 zones. Every time the 9 attackers pass into any of the 3 zones they must exchange positions with player in the zone. 5 passes earns attackers 1 point. Play 1 min. then switch the 3 defenders.

Objective: To develop passing, receiving, movement and combination play.

Coaching Points:

1. To improve passing accuracy, look up before passing
2. Correct communication is key to success

Progression:

1. Have to get a give and go with player in end zone before exchanging positions and scoring a point

Notes: