

Manchester City Passing Practices



Direct from
Pep Guardiola's
Manchester City
Training Sessions

5. 3 v 1 + Quick Passing Combination with Aerial Pass in Behind and Finish (Variation 2)

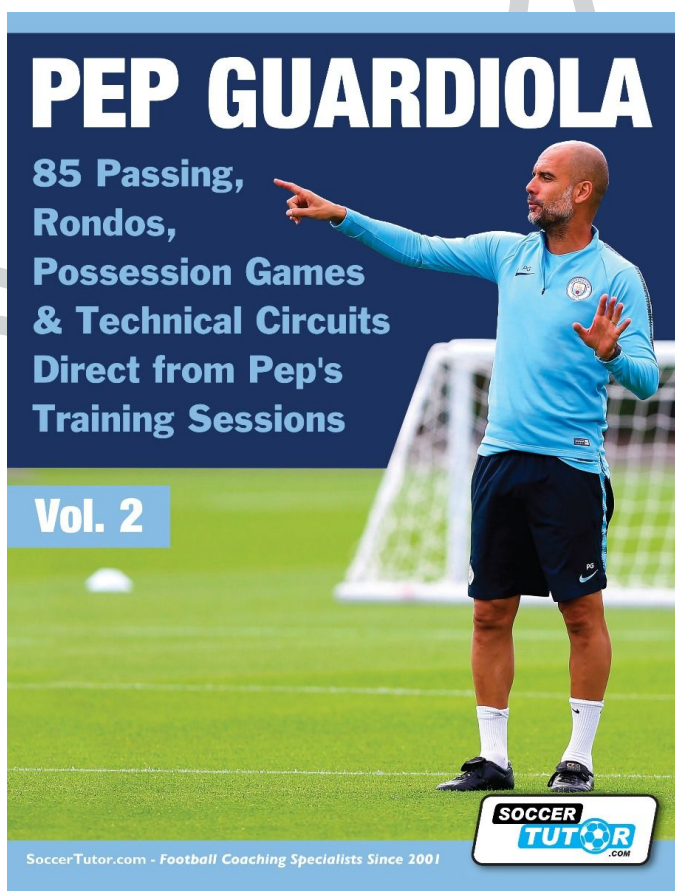


Description

- 1-5. The practice starts with 3 players keeping possession against the Coach in a 3 v 1.
6. After a few passes, Player C passes the ball back (lay-off) to Player A.
7. Player A passes forward to Player D.
8. Player D passes across to F, who drops back.
9. Player F passes to Player E, who moves across.

10. Player E lays the ball back to Player F.
11. Player F plays a short aerial pass ("chip") for Player D to run forward onto.
12. Player D makes a well-timed run in behind to score in between the poles.
13. Players A, B, C, D, E and F all rotate positions and the practice restarts from the beginning.

Source: Pep Guardiola's Manchester City training session at Etihad Campus Training Ground, Manchester - 23rd November 2018



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