

DEFENDING NEAR THE SIDELINES 2 v 2

Date : 1/Nov/2012

Duration : N/A

Time : 0h 0m

Age/Level : U15 - 18+

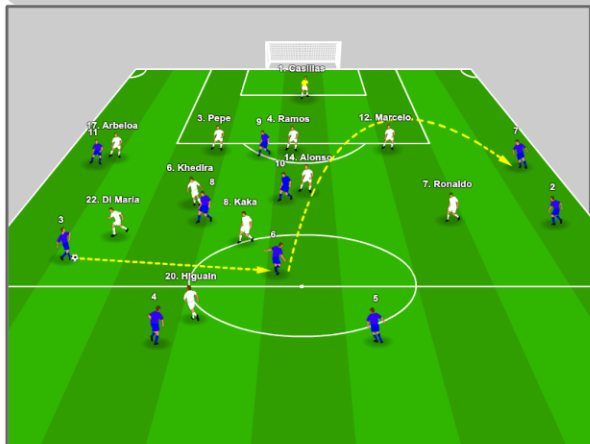
Session

Defending on the Sidelines /

Objective:

Defensive Positioning in the Box

A Long Pass is Played to the Winger on the Right Flank

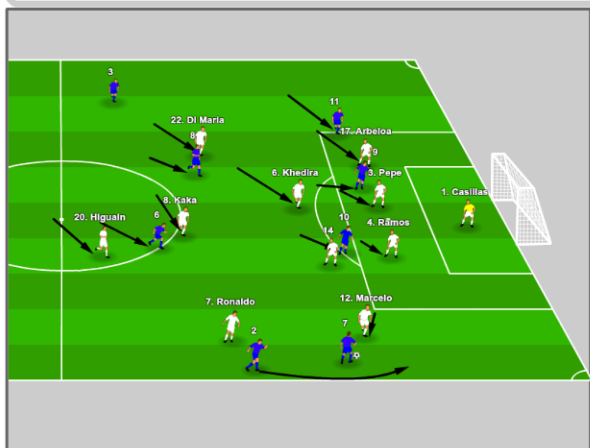


Description :

This is an extract from the exclusive book: Jose Mourinho's Real Madrid: A Tactical Analysis-Attacking and Defending Book Set. Due to be released Nov 2012 from www.soccertutor.com

On these 3 diagrams, we present a situation which develops on Real Madrid's weak side. On this occasion, Ronaldo has a good defensive position which enables him to contribute in the collective attempt of the team's players to win the ball back.

Closing Down the Ball Carrier and Tracking Runners



Description :

When the ball reaches No.7, Marcelo moves to close him down. Ronaldo tracks No.2's overlapping run to prevent Marcelo from being outnumbered.

Restoring Balance to the Team



Description :

As No.2 makes the overlapping run, Marcelo leaves the ball carrier under Ronaldo's supervision and follows No.2. Alonso moves towards the left side to create superiority in numbers and provide support, while the rest of the defenders take up positions in the box ready to defend a potential cross.

This time neither Khedira nor Di Maria had to make an extensive shift to retain the team's balance.

Coaching Points :

ASSESSMENT:

When Ronaldo was in a good defensive position and the opposition were attacking down the flank, Ramos could take up his usual position in the centre of the penalty area and Alonso would take his at the edge of the area. This created a far more balanced Real Madrid in the defensive phase.

Progressions / Variations

The book goes on to show tactical situations when Ronaldo was NOT in the correct defensive position and how Real Madrid adjusted their defending tactics accordingly.

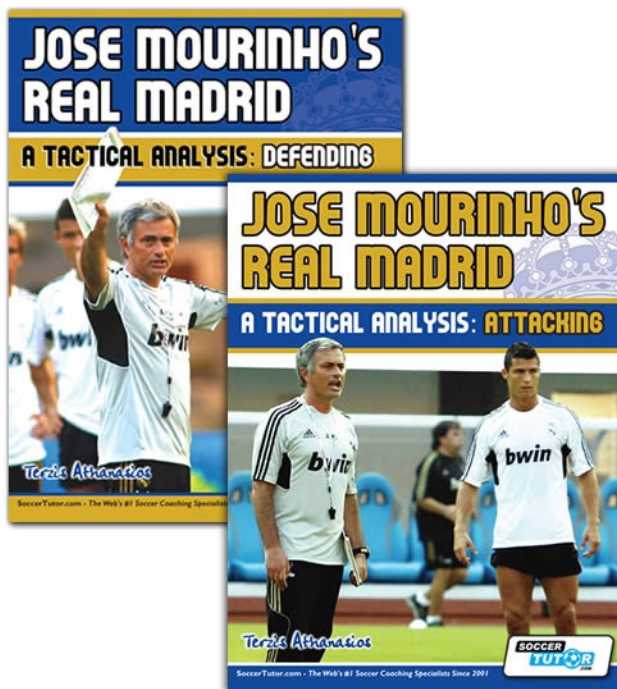
Refer to: **Jose Mourinho's Real Madrid: A Tactical Analysis - Attacking and Defending Book Set.**

Released 15 November 2012 from www.SoccerTutor.com.

Jose Mourinho's Real Madrid: A Tactical Analysis - Attacking & Defending

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Diagrams were created using www.SoccerTutor.com Tactics Manager Software

<http://www.soccertutor.com/tacticsmanager>