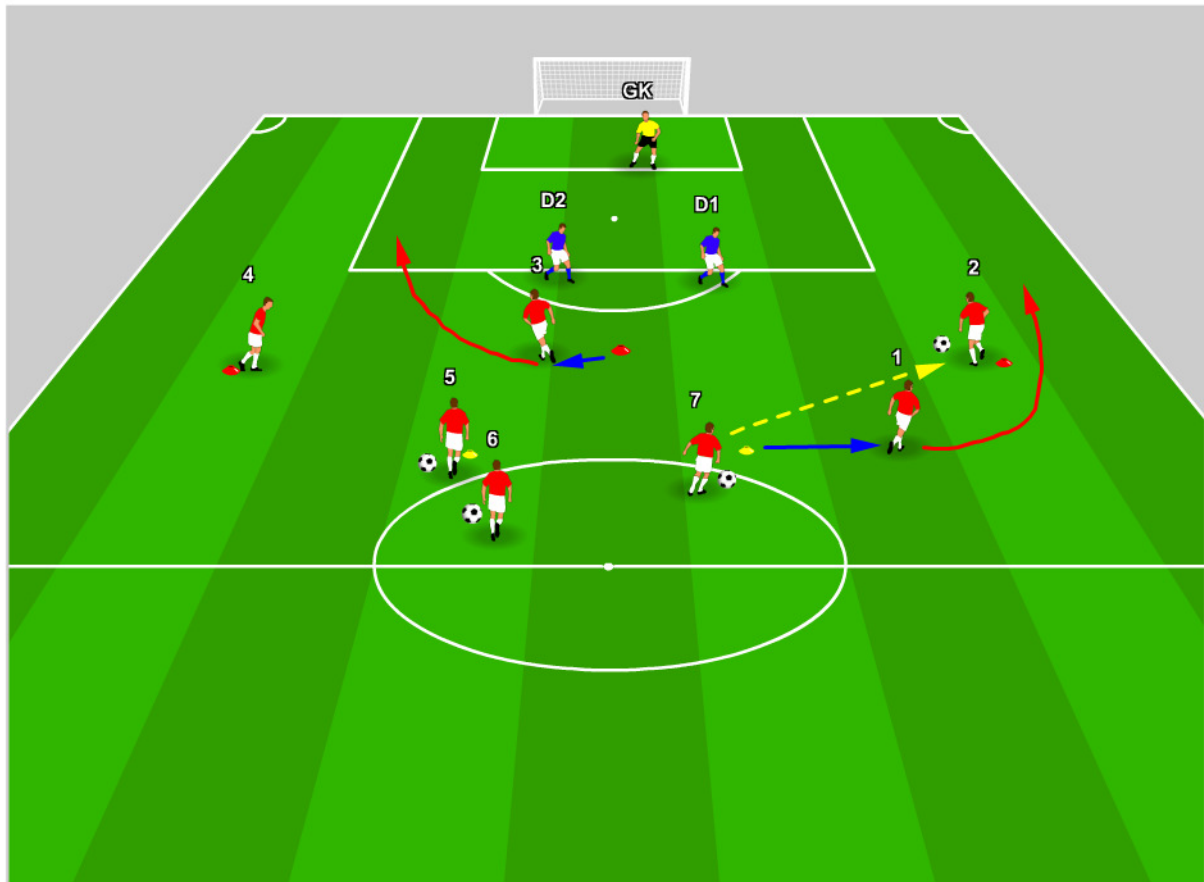


### 3 v 2 Overlapping in the Final Third



<b>Date:</b>	18 Mar 2010	<b>Measurement:</b>	Half Pitch
<b>Time:</b>	.	<b>Players:</b>	10
<b>Duration:</b>	15 mins	<b>Level/Age Group:</b>	10+

**Description:** Three stations - left side, right side, attack and defenders. To start, the central player 1 passes wide to player 2 and overlaps. The wide player dribbles inside to attack the two defenders in a 3v2 situation with player 3 spinning to join the attack. Rotate player positions..

**Objective:** To develop overlapping, attacking runs and finishing.

**Coaching Points:** 1. Wide player must dribble at pace inside. 2. The centre attacker must try to pull away and into space as this will give the defenders a problem. 3. Speed of attack must be quick and realistic with rule of that an attempt on goal must be made within a certain time limit.

**Progression:** 1. Introduce a 2nd forward so they make runs to near and far post. 2. Have to make a switch from one side to the other before overlapping.

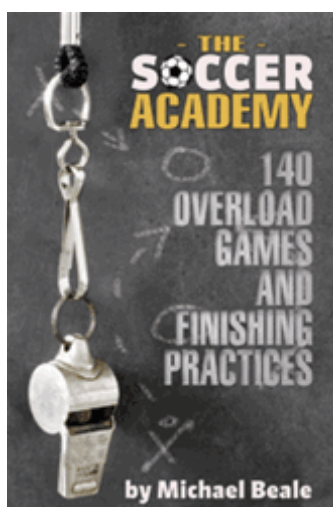
**Notes:**

# **The Finishing Drill was taken from The Soccer Academy 140 Overload Games and Finishing Practices Book**

*by Michael Beale*

*Academy Coach and Youth Development Officer, Chelsea FC, England*

**EXCELLENT EXERCISES FOR DEVELOPING BOTH SKILLS AND TACTICAL UNDERSTANDING**



## **Purchase the book**

Rest of the World Shop:

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