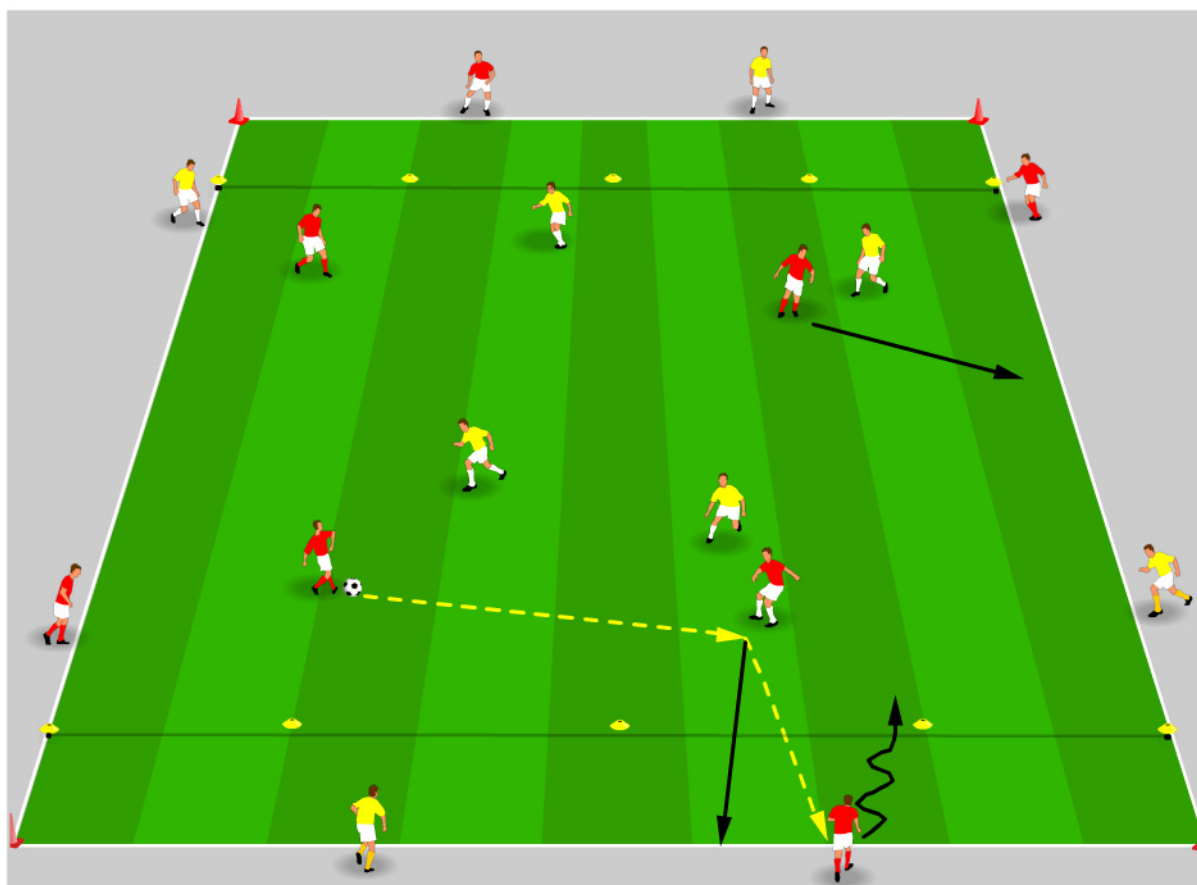


U17 Canadian National Team Conditioned Small Sided Game



Date: 2 Feb 2011

Measurement: 40 x 30

Time: .

Players: 16

Duration: 15 Mins

Level/Age Group: 12+

Description: Player on the perimeter are mixed red, yellow, red, yellow. They play can move up and down to support play inside grid. The four players from each team in the center play keep-a-way. If an inside player passes to an outside player, they change roles.

Objective: To develop technical passing and possession in a small sided game.

Coaching Points:

1. Head on a swivel to see all options.
2. Antisipation by other to provide passing options.
3. Recognise opportunities to switch play.
4. Pass between players - look for combination opportunities.
5. Speed of play is important.

Progression: See February 2011 Magazine for progressions of this practice.



Using **Tactics Manager Software** I've recreated this practice for you - taken from the latest **WORLD CLASS COACHING Magazine** Issue.

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Diagrams were created using www.Soccertutor.com Tactics Manager Software
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