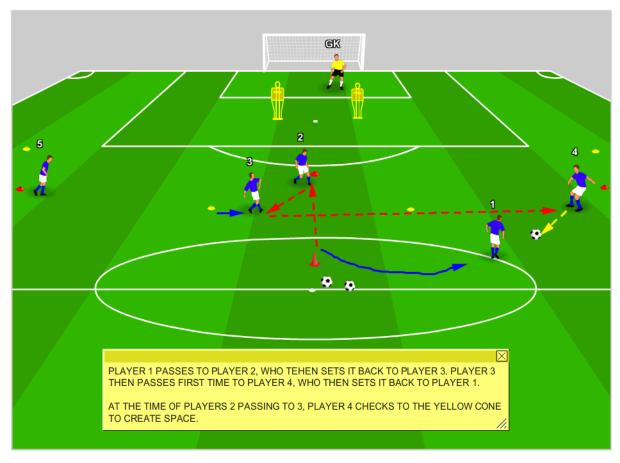


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## Crossing and Finishing 1 of 2



Date: 6 Oct 09 Measurement: 1 third

Time: Players: 9

Duration: Level/Age Group: 11+

**Description:** PLAYER 1 PASSES TO PLAYER 2, WHO THEN SETS IT BACK TO PLAYER

3. PLAYER 3 THEN PASSES FIRST TIME TO 4, WHO THEN SETS IT BACK

TO PLAYER 1. AT THE TIME OF PLAYERS 2 PASSING TO 3, PLAYER 4

CHECKS TO THE YELLOW CONE TO CREATE SPACE.

**Objective:** To develop attacking combinations, switching play, crossing and finishing.

Coaching Points: 1. Make sure the wide players check to the yellow disc cone before receiving the

ball. This movement creates space as an individual e.g. in a game situation

taking an opponent away before receiving the ball.

Progression:

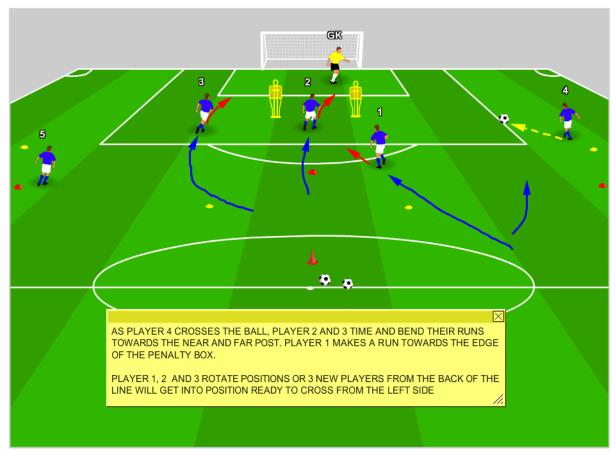
Notes:

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## Crossing and Finishing 2 of 2



Date:06 Oct 09Measurement:1 thirdTime:Players:9+Duration:Level/Age Group:11+

**Description:** AS PLAYER 4 CROSSES THE BALL, PLAYER 2 AND 3 TIME AND BEND

THEIR RUNS TOWARDS THE NEAR AND FAR POST. PLAYER 1 MAKES A RUN TOWARDS THE EDGE OF THE PENALTY BOX. PLAYER 1, 2 AND 3 ROTATE POSITIONS OR 3 NEW PLAYERS FROM THE BACK OF THE LINE

Objective:

Coaching Points: 1.The 2 players attacking the cross must not make their run too early. They

should make it just when the wide player is about to cross it, this will prevent the

ball going behind them.

**Progression:** 1. Switch both sides before crossing.

2. Introduce 1 or 2 defenders

Notes:

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